



**RAINHILL
HIGH SCHOOL**

IN PURSUIT OF EXCELLENCE

FRIDAY 19TH JANUARY 2024

PARENT & STUDENT NEWSLETTER

WWW.RAINHILLHIGHSCHOOL.ORG.UK   



**31st
JANUARY**

RainhillSixth

APPLICATION DEADLINE

www.rainhillsixth.org.uk/applynow

#itpaystostay


Ofsted
Good
Provider



Friday 19th January 2024

Dear Parents and Students,

Good afternoon and welcome to this week's newsletter.

A friendly reminder that the deadline for Sixth Form applications is fast approaching. Please ensure all applications are submitted by 31st January. Head over to our Sixth form website for our course details.

Well done to our Year 11 students this week, keep up the excellent work as you continue with your LP2 exams. Next week's timetable can be found on page 5.

Next week our Year 9 students will be participating in Relationships Day. It is a valuable opportunity for them to explore and understand the dynamics of relationships. Details about the event can be found on page 3.

Finally, we will be hosting our annual Careers Day on Wednesday 21st February, if you would like to be a part of the day, please see page 3 for more details.

Have a lovely weekend.

Mrs Thorogood, Headteacher



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NEXT WEEK FOLLOWS THE WEEK B TIMETABLE

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
22/01/24					



NEWS THIS WEEK

IN MEMORIAM

John Potter

It is with great sadness that we announce the passing of John Potter, affectionately known as J.P. Mr Potter began teaching at Whiston County Secondary School, the forerunner to Rainhill High School, in 1967. He was a highly accomplished Chemistry teacher and Head of Year for many, many years. He ran the successful annual holiday to the Isle of Man, which was extremely popular with both staff and pupils. He was a devoted member of the school band, an accomplished trombonist who, even after retirement, would make the long journey from Cumbria to band practice on a Tuesday evening.

Rest in Peace J.P.



DEADLINE FOR SIXTH FORM APPLICATIONS

The deadline for our Sixth Form Applications is Wednesday 31st January. You can apply online and find all the information regarding our Sixth Form [here](#).

ANNUAL CAREERS DAY

Rainhill High School is excited to host its annual Careers Day on Wednesday 21st February from 9am-3pm. It is a fantastic opportunity for students to meet and interact with a wide range of employers, universities and training providers. We are planning a Careers Fair in our Sports Hall, with stalls from a range of providers and workshops for our students during the day.

We believe that parents play a crucial role in shaping and supporting their children's career choices.

- Could you share your career journey, milestones and experiences that have shaped your professional life?
- Could you discuss what skills and qualifications you consider essential in your field, and how did you acquire or develop them throughout your career?
- Could you help shape the futures of young people in your local area?

If so, then please email greg.east@rainhillhigh.org.uk, specifying whether you would like to run a stall at our careers fair, or a workshop during the day.

Mr East, Head of PSHE & Citizenship.

YEAR 9 RELATIONSHIPS DAY

On Wednesday 24th January, Year 9 pupils will attend two PSHE sessions with our school visitors, Brook Sexual Health and a local sexual health service 'Taz'.

The aims of these sessions are to help students understand the importance of diversity, respect and acceptance of others. Pupils will also be informed of sexual health information including sexually transmitted infections and contraception.

The timetable is below, students are to make a note of both periods and rooms for the day.

Mr East, Head of PSHE & Citizenship.



Lesson	TAZ introduction (Arts Theatre)	Brook sexual health session 1 (A207)	Brook sexual health session 2 (A208)
Form			
P1	9D, 9E, 9F& 9G 9:10-09:35 9H, 9I, 9J & 9K: 09:40-10:05	9ABC girls	9ABC boys
Break time	Drop in (Conference Room)		
P2	9A, 9B & 9C 10:30-10:55	9DE girls	9DE boys
P3		9FG girls	9FG boys
P4		9HI girls	9HI boys
P5		9JK girls	9JK boys

LEGALLY BLONDE - THE MUSICAL

RAINHILL HIGH SCHOOL PERFORMING ARTS DEPARTMENT PROUDLY PRESENT

LEGALLY BLONDE

The Musical 



**TICKETS ON SALE FROM THE MIKE DOYLE BUILDING
AT BREAK AND LUNCHTIME**

£10.00

SHOW 1 - 6:15 - 7:15
SHOW 2 - 7:45 - 8:45

ST.HELENS THEATRE ROYAL

Music and Lyrics by Laurence O'Keefe and Nell Benjamin

Book by Heather Hach

Based on the novel by Amanda Brown and the Metro-Goldwyn-Mayer motion picture

This amateur production is presented by arrangement with Music Theatre International

All authorised performance materials are also supplied by MTI

www.mtishows.co.uk



YEAR 11 LP2 EXAM TIMETABLE

	Monday 22nd January	Tuesday 23rd January	Wednesday 24th January	Thursday 25th January	Friday 26th January
Period 1	<u>BOX B – Paper 1</u> Fashion – 3 hours Photography – 3 hours iMedia – 1 hour 30 mins Geography – 1 hour 30 mins History – 1 hour Construction – 1 hour Product Design – 1 hour	Maths Paper 2 1 hour 30 mins	<u>BOX D Paper 1</u> Art Graphics – 3 hours Photography – 3 hours Food Preparation & Nutrition – 1 hour 45 mins <u>Paper 2</u> GCSE PE – 1 hour Computer Science – 1 hour 30 mins	Maths Paper 3 1 hour 30 mins	Science - Paper 6 Physics (Separate) 1hr 45mins Physics (Trilogy) 1hr 15mins
Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2
BREAK					
Period 3	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal
LUNCH					
Period 4	Science – Paper 4 Biology (Separate) 1hr 45mins Biology (Trilogy) 1hr 15mins	<u>BOX C – Paper 1</u> Geography – 1 hour 30 minutes iMedia – 1 hour 30 minutes History – 1 hour Product Design – 1 hour	<u>BOX A</u> Computer Science Paper 2 – 1 hour 30 mins Drama Written Paper – 1 hour 30 mins <u>BOX B – Drama Students</u> Drama in class Period 5 – 1 Hour	Science - Paper 5 Chemistry (Separate) 1hr 45mins Chemistry (Trilogy) 1hr 15mins	All French, German & Spanish Written Paper Higher – 75 mins Foundation – 60 mins
Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5



PREPARATION FOR YEAR 13 LP2 EXAMS

Having planned when you will complete your revision it is then important to consider your approach to revision.

Approach subjects differently

Have a varied approach, as certain study methods will suit some subjects better than others. This might depend on how intense the material is, how it will be assessed or simply how you best retain everything.

For example, the following methods might work for you:

- flashcards for key dates in [history](#)
- jingles or rhymes for phrases you'll have to speak in a [French](#) oral exam
- pictures to identify parts of the human body in [biology](#).

Mix up high, medium and low revision energy activities.

Studying the same way every time can feel boring and it's not the best use of your time. People learn in different ways—and mixing up how you study means you are giving yourself more chances to go deeper into learning a subject.

We suggest you have a mix of high, medium and low energy activities. If you are tired after a long day at school, it makes sense to choose an activity from the low energy list. You are still learning, but it does not feel like a slog. You can put together a menu of high, medium and low energy activities and pin it to a cork-board next to your desk to take some of the guesswork out.

High energy activities	Medium energy activities	Low energy activities
<ul style="list-style-type: none">• Writing an essay draft• Timed exam questions• Full exam paper	<ul style="list-style-type: none">• Making flashcards• Drawing a mind map• Creating a poster topic• Summing up class notes	<ul style="list-style-type: none">• Watching revision videos• Playing online flashcard games like Quizlet• Revision charades with a friend

How long to study for?

The length of your study periods can also be flexible according to what works for you. For example, you might find that two 45-minute sessions of maths, with a break in between, are most productive. But you can focus on your chemistry revision for longer periods of time.

ADVANCE NOTICE - YEAR 13 LEARNING PROGRAMME - ASSESSMENT WEEK 2

Monday 29th January 2024 to Friday 2nd February 2024 (inclusive)

From Monday 29th January to Friday 2nd February (inclusive), all students in Year 13 will be undertaking assessments in the subjects they are currently studying. For both A-level and BTEC subjects these assessments will be based on past paper questions, and indeed complete papers, and will be taken under exam conditions to best prepare your son/daughter for final examinations in May/June 2024.



Please see below the exam timetable so your son/daughter is aware of when their examinations take place. All morning exams will start as soon as possible at 9:00am. It is vital that your son/daughter reports to the Arts Theatre at 8:50am to ensure we have a 9:00am start.

Afternoon examinations commence at 1:00pm. Your son/daughter should report to the Arts Theatre at 12:50pm.

Students for A-level subjects will have study leave during the exam period as follows: -

1. The morning before an afternoon exam i.e., Tuesday (am) for an exam scheduled Tuesday pm
2. The afternoon before a morning exam i.e., Monday (pm) for an exam scheduled for Tuesday am.

Students completing applied general qualifications and arts courses must attend lessons as normal when not in exams.

Please could you encourage and support your son/daughter to prepare thoroughly for these exams as they will give them a good indication of the progress they have made to date.

The Sixth Form will be providing revision guidance sessions during tutorial periods to ensure your son/daughter can prepare effectively for these important exams. In addition, there is an expectation that your son/daughter will attend their study+ sessions and use this time to effectively prepare.

Mr Cunningham, Director RH6.

	Monday 29th January	Tuesday 30th January	Wednesday 31st January	Thursday 1st February	Friday 2nd February
Period 1	<u>Box J – Paper 1</u> English Literature - 3 hours Physics – 2 hours Sociology – 2 hours	<u>Box L – Paper 1</u> Chemistry – 2 hours German – 2 hours 30 minutes Theatre Studies – 2 hours Biology – 2 hours	<u>Box M – Paper 1</u> History – 2 hours 30 minutes Geography – 2 hours 30 minutes Computer Science – 2 hours 30 minutes	<u>Box N - Paper 2</u> English Language – 2 hours 30 minutes Biology – 2 hours Maths – 2 hours French – 2 hours	<u>Box M – Paper 2</u> History - 2 hours 30 minutes Computer Science – 2 hours 30 minutes Geography – 2 hours
Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2
BREAK					
Period 3	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal
LUNCH					
Period 4	<u>Box K - Paper 1</u> Psychology – 2 hours Law - 1 hour 30 minutes	<u>Box N – Paper 1</u> English Language – 2 hours 30 minutes Biology – 2 hours Maths – 2 hours French – 2 hours 30 minutes	<u>Box L – Paper 2</u> Chemistry – 2 hours German – 2 hours Biology - 2 hours <u>Box K – Paper 2</u> Law - 1 hour 30 minutes	<u>Box K – Paper 2</u> Psychology – 2 hours <u>Box K – Paper 3</u> Law - 1 hour 30 minutes <u>Box J – Paper 2</u> Physics – 2 hours English Literature – 2 hours 30 minutes	<u>Box N – Paper 3</u> Maths – 2 hours <u>Box J – Paper 2</u> Sociology – 2 hours <u>Box L – Paper 3</u> Chemistry – 2 hours
Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5



ANNUAL FLU VACCINATION - YEARS 10 AND 11

The St Helens Immunisation Team has been tasked by Public Health England to target pupils in current Years 10 and 11 and who have missed their routine vaccinations during the pandemic. To allow the Immunisations Team to facilitate this they will be visiting school on Wednesday, 7th February 2024. Parents will be contacted directly from the Immunisation Team. If you need to contact them to discuss further, please do so on 01744 415645.

St Helens School Immunisation Services.

FAMILY HUB AND CHILDREN'S CENTRE OFFER

Family Hub and Children's Centre Offer

January 2024



Email: childrenscentres@sthelens.gov.uk

Central Link Family Hub 01744 673445

Parr Children's Centre 01744 671788



SCAN ME!

Follow us on social media!

[sth_family_hubs](#)

[STHFamilyHubs](#)

[@STHCCentres](#)



AUTISM LEARNING PROGRAMME

ADDvanced Solutions Community Network

Autism Post Diagnostic Learning Programme

St Helens families



**ADDvanced Solutions
Community Network**
Supporting you to find the answers

We are pleased to share details of our **Autism Post Diagnostic Learning Programme**; a course for parents and carers living in St Helens, whose child or young person has received a diagnosis of autism (ASD). This unique learning programme has been designed to support and empower parents and carers, following their child or young person's diagnosis, in their understanding of how autism is experienced by children and young people. It will provide learning, guidance, and strategies to support their child or young person.

This learning programme is commissioned by NHS Cheshire and Merseyside ICB - St Helens Place.

This new offer begins in January 2024.

To find out more, call us on 01744 582172 or email us info@advancedsolutions.co.uk. You can also visit our website, www.advancedsolutions.co.uk, for further information.

Topics covered during the weekly sessions	
Understanding autism	Communication skills
Discussing a diagnosis of autism	Promoting self-esteem
Autism and girls	Talking about health
Sensory Processing Difficulties	Building positive relationships
Unique thought processes and special interests	Educational settings: working together
Stress and anxiety	Managing transitions
Understanding and supporting behaviour	Independence skills

For more information:

E: info@advancedsolutions.co.uk

T: 01744 582172

www.advancedsolutions.co.uk





Autism Post Diagnostic Learning Programme Session Dates

IF YOUR CHILD IS 9-13 YEARS OF AGE

Session Number	Date and Time	Venue	Booking Details
Session 1 and 2	Friday 26th January 2024 9:30am - 2:45pm	St Helens, WA10	Parent/carers can call our office on 01744 582172 or email info@advanced solutions.co.uk to book onto the learning programme.
Session 3 and 4	Friday 2nd February 2024 9:30am - 2:45pm		
Session 5 and 6	Friday 9th February 2024 9:30am - 2:45pm		

For more information:

E: info@advancedsolutions.co.uk

T: 01744 582172

www.advancedsolutions.co.uk





IMPORTANT INFORMATION

REPORTING ABSENCES/LATE TO SCHOOL/FORTHCOMING

APPOINTMENTS/UNEXPLAINED ABSENCES VIA ABSENCE TAB ON SYNERGY

Synergy is the primary source of communication from school to all parents in relation to your child.

Synergy also enables daily attendance alerts to be sent to parents and allows you to:

- report your child's absence from school
- query if your child has an unexplained absence mark
- inform the school if your child is going to be late
- let us know of any forthcoming medical appointments for your child
- reply to the Attendance Team if you have received an attendance alert

Please use Synergy to report absences in the first instance. This can be actioned by accessing the contact school option from the home screen, followed by the absence option.

ENRICHMENT TIMETABLE

Please [click here](#) to see our Enrichment Timetable.

PE EXTRA-CURRICULAR TIMETABLE

WINTER EXTRA CURRICULAR TIMETABLE 2023/24		
15:10 -16:00	GIRLS	BOYS
MONDAY	MEETINGS	
TUESDAY	Football: All Years Trampolining: Y7- 3-3:30 Y8-11 – 3:30-4:00	Rugby: Y7 and Y8 Trampolining: Y7- 3-3:30 Y8-11 – 3:30-4:00
WEDNESDAY	Netball: Y7 and Y8 (Boys welcome)	Football: Y7 Rugby: Y9
THURSDAY	Netball: Y9 – Y11 (Boys welcome)	Football: Y8 and Y9 Basketball: All Years
FRIDAY	Girls Rugby: All Years Badminton and Table Tennis: All Years	

Please note, all clubs are subject to **fixture/facility clashes, appropriate and safe weather, and appropriate pupil participation.** We aim to give notice to pupils as early as possible when this is the case. Pupils, please speak to staff if you are unsure.



FREE SCHOOL MEAL FUNDING



**RAINHILL
HIGH SCHOOL**

IN PURSUIT OF EXCELLENCE

Could your child qualify for Free School Meals? Has your income changed this year? Could your child be eligible for additional funding?

**Do any of the statements below apply to you?
If they do your child may be eligible to access
additional government funding at school.**

**Your child may be able to get free school meals if you get any
of the following:**

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

**It is important to give children the
best possible chance in life, open as
many doors as possible and broaden
their horizons.**

**Additional funding may be available
to school to support children who
have faced challenges, overcome
difficult times or are in a low income
household.**

**Your child may be able to access
additional funding if:**

- They have been adopted from care
- They are on a special guardianship order
- They have a parent that regularly serves or died whilst serving in the armed forces

**If you think any of the three statements above
apply to you please email
yacine.rachi@rainhillhigh.org.uk with details.**

**If any of the statements above apply to you please ensure you complete a
FREE SCHOOL MEAL application from your local council. You will apply to
the council that your home address is part of.**

St Helens

<https://www.sthelens.gov.uk/schools-education/school-meals/free-school-meals/>

**If you have any questions
regarding Free School
Meals you need to
contact St Helens Council
on 01744 676666**

Knowsley

<https://parentportal.knowsley.gov.uk/web/portal/pages/home>

**If you have any questions
regarding Free School
Meals you need to
contact St Helens Council
on 0151 489 6000**

Liverpool

<https://liverpool.gov.uk/benefits/free-school-meals/>

**If you have any questions
regarding Free School
Meals you need to
contact Liverpool Council
on 0151 233 3009**

Warrington

<https://www.warrington.gov.uk/freeschoolmeals>

**If you have any questions
regarding Free School
Meals you need to
contact Warrington
Council on
01925 443322**

Widnes & Halton

<https://www3.halton.gov.uk/Pages/EducationandFamilies/Schools/FreeSchoolMeals.aspx>

**If you have any questions
regarding Free School
Meals you need to
contact Halton Council
on 0151 511 7188**





SINGING LESSONS



**DO YOU KNOW WE
OFFER 1-1 SINGING
LESSONS?**

**Do you love to sing and
have a passion to
perform?**

**Then come and see Miss
Mawdsley in D block on
a Tuesday to find out
more information**

**LEARN CORRECT
VOCAL
TECHNIQUES,
SING YOUR
FAVOURITE SONGS
AND HAVE FUN!**

**WE WOULD LOVE TO
HEAR FROM YOU!**





HELP AND SUPPORT

CURRICULUM QUERIES

Heads of Department

English	Ms Dickman	Philosophy & Ethics	Mr Ernest
Mathematics	Mrs Hughes	Social Sciences	Mr Bunby
	Mr Rimmer	Computer Science	Miss Johnson
Science	Mr Flynn	Art Design Technology	Mr Bennett
Biology	Dr Gordon	Languages	Miss D'Anna
Chemistry	Miss Hesketh	Food Studies	Mrs Bolland
Physics	Mr Hurst	Performing Arts	Mrs McCann
History & Politics	Mr Fairclough	PE	Mr Rachi
Geography	Mrs Parkinson	Life Skills	Mr East
		(PSHE/Citizenship)	

PASTORAL QUERIES

Stage 1	Form Tutor	
Stage 2	Year Student Manager/Progress Coach	
Stage 3	Year Progress Leader/Director RH6	
Stage 4	Deputy Headteachers	Mrs Munro/Mrs Segal/Mr McKeegan
Stage 5	Headteacher	Mrs Thorogood

Pastoral Structure

Y7 Student Manager	Mr Heron	Y7 Progress Leader	Mr Shoebridge
Y8 Student Manager	Miss Hill	Y8 Progress Leader	Mr Webster
Y9 Student Manager	Mr Moran	Y9 Progress Leader	Mrs Haselden
Y10 Student Manager	Mrs Jackson	Y10 Progress Leader	Mr Giles
Y11 Student Manager	Miss Gordon	Y11 Progress Leader	Mr Barry
RH6 Progress Coaches	Mrs Duffy/Mrs Nugent	Director RH6	Mr Cunningham

Communications Policy

Please [click here](#) to view our new communications policy.