



**RAINHILL
HIGH SCHOOL**

IN PURSUIT OF EXCELLENCE

FRIDAY 17TH JUNE 2022

PARENT & STUDENT NEWSLETTER

WWW.RAINHILLHIGHSCHOOL.ORG.UK   

**MONDAY
20TH JUNE**

SUMMER DANCE SHOWCASE

**THEATRE
ROYAL**



Tickets are available from
the Performing
Arts Department



Friday 17th June 2022

Dear Parents and Students,

Good afternoon.

I hope this newsletter finds you safe and well.

Congratulations to all the students who took part in the County Schools Championships and Liverpool City Championships this week, a number of whom won medals, all of whom represented themselves brilliantly. We look forward to even more record-breaking performances in the forthcoming Sports Day.

Congratulations also to our Year 8 football team who won the St Helens Cup this week, a massive achievement.

I would like to take this opportunity to invite everyone to the Art and Design Exhibition on 6th July from 4:30pm, the quality of work that students have produced is exceptional.

All parents of Year 10 students should be aware of the LP3 exams starting on 27th June. These are an important milestone in GCSE preparation. In school, students' preparations are being supported by their teachers. I would be grateful if parents can ensure that their children continue to revise regularly and take the advice on sleeping, eating and how best to manage exam nerves.

Have a lovely weekend.

Mrs Thorogood, Headteacher.



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NEXT WEEK FOLLOWS THE WEEK B TIMETABLE

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
20/06/22				Year 12 Transition Day	



NEWS THIS WEEK

SUMMER DANCE SHOWCASE

Tickets are now on sale for Rainhill's Summer Dance Showcase which takes place on Monday 20th June 2022 at 7pm at St Helens Theatre Royal. Tickets are £9 each or 4 tickets for £30 and can be purchased from the Performing Arts Department.

Mrs McCann, Head of Performing Arts.

SPORTS DAY

Please note that Sports Day will now take place on the reserve day of 7th July. Track events will start on the 7th July whereas field events start on Monday 27th June for Years 7, 8 and 9 with Year 10 the following week. Period 3 will remain a regular lesson and students are to wear normal uniform throughout the day.

During this term, pupils have been working towards Sports Day points in their Athletics lessons. If a certain score has been met in events, that pupil will have won a point for their house. The effort levels from all pupils this year has been fantastic and as a department, we are extremely impressed. The current house point standings are:

- Rocket: 481
- Stephenson: 393
- Perseverance: 383
- Braithwaite: 341
- Sans Pareil: 337

House points will be added to the overall Sports Day scores to find an overall winner.

The PE Team.

STUDENT GOOD NEWS

County Schools Championships

This week we took our biggest squad of individual athletes to the County Schools Championships. This is an individual event where our pupils were competing against some of the best athletes in Merseyside. Everyone in the squad of 20, ranging from Y7-12, were in the same class of competition and all can be extremely proud of their performance. Please see the list of names below, some of which broke school records and won medals.

Year 7

- Phoebe Harrison - Gold - 75m
- Tom Smith - Bronze - 800m
- Both qualify to run for Merseyside

Year 8

- Heather Grant - 300m - 45.4 - Breaks a 10-year-old year record
- Harriet George - 800m - 2.33.70 - Breaks not only the year record but also the school record
- Isabelle George - 300m
- Dan Pye - 300m Bronze medallist
- Nathan Cheers - 800m



Year 9

- Liam Johnson - 200m Gold medallist
- Ethan Vine - 100m Bronze medallist
- Sasha Mychalachuk - 100m Gold medallist and 200m Silver medallist
- Kieran Cashman - 300m

Year 10

- Alex Strettle - Javelin Gold medallist
- Abi Newman - 200m and Shot
- Olivia Pile - 200m
- Tegan Sidebotham - 300m Silver medallist and new school record in 44.7
- Fin Beavan - 100m bronze
- Che Hawkins - 100m and 200m
- Dominic Windever - 400m

Year 11

- Millie O'Hanlon - Gold in the high jump and new school record of 1.60m

Year 12

- Luka Sidebotham - Gold in the 400m

It was a brilliant day and all the pupils deserve the biggest congratulations. [More athletics to come...](#)

Year 8 Football

Our Year 8 boys football team won the St Helens Cup on Wednesday. A great performance by all involved as we beat Hope Academy 6-0. Goals by James Lewis x3, Max Clayton x2 and Evan Lovell. Also, a big well done to John Spillane who was awarded the Man of the Match trophy. Congratulations to the whole team; Harry Cunningham, John Spillane, Jamie Fairclough, Matthew Finch, Harrison Conlan, Dan Pye, Evan Lovell, Ben Martin, Oliver Johnson, James Lewis, Max Clayton, Francis Bolland, Ben Williams, Dylan Allanach.





Liverpool City Championships

On Thursday we took a small group of Year 10 boys to the Liverpool City Championships and had another day of unbelievable success. Congratulations to our pupils on some amazing achievements. The vast majority have gained new personal bests and, in some cases, broken long standing school records!

- Alex Strettle - Gold in the javelin.
- Jack Wilson-Jones - Pb of 10.84 in the triple jump and a silver medal.
- Sammy Bolland - Pb of 4.39.10 in the 1500m and a silver medal. Bronze medal in the high jump.
- Ben Trueman - Pb of 2.14.34 in the 800m and a silver medal.
- Dominic Windever - Pb of 54.44 in the 400m and a silver medal.
- Che Hawkins - Pb and school record of 11.35s in 100m and a gold medal.
- Fin Beavan - Pb and school record of 22.90s in the 200m and a gold medal.
- Ben Trueman, Fin Beavan, Dom Windever and Che Hawkins - broke an 8-year school record and won gold in the 4x100 in a time of 46.07.

The three school record times above are truly special and unless beaten by those boys again, I think will live on long after they have left us!



REPORT PUPILS ATTENDANCE

If you are contacting school for any of the below reasons, could you please choose Option 2 on the telephone system. This will direct you to the Attendance line where you will be able to leave a message. Alternatively, you can leave a message under the Absence/Appointment tab on School Synergy.

- Reporting pupil absence
- Reporting pupil late for school
- Reporting Hospital/GP/Dental Appointments

Please also be advised that unless medical evidence is provided, appointments will not be authorised



SINGING LESSONS



**DO YOU KNOW WE
OFFER SINGING
LESSONS?**

Does your child love to sing and have a passion to perform? Then why not tell them to come and see Miss Mawdsley in the Mike Doyle Centre on a Tuesday and Thursday to find out more information.

**LEARN CORRECT
VOCAL
TECHNIQUES,
SING YOUR
FAVOURITE SONGS
AND HAVE FUN!**

**We would love to
hear from you!**



RAINHILL HIGH SCHOOL





UPCOMING EVENTS

ART EXHIBITION



ART & DT EXHIBITION

RAINHILL HIGH SCHOOL

4:30pm - 6.30pm

6th July 2022

GCSE & ALEVEL

SMALL GYM

SPEECHES & AWARDS

@ 5.30PM



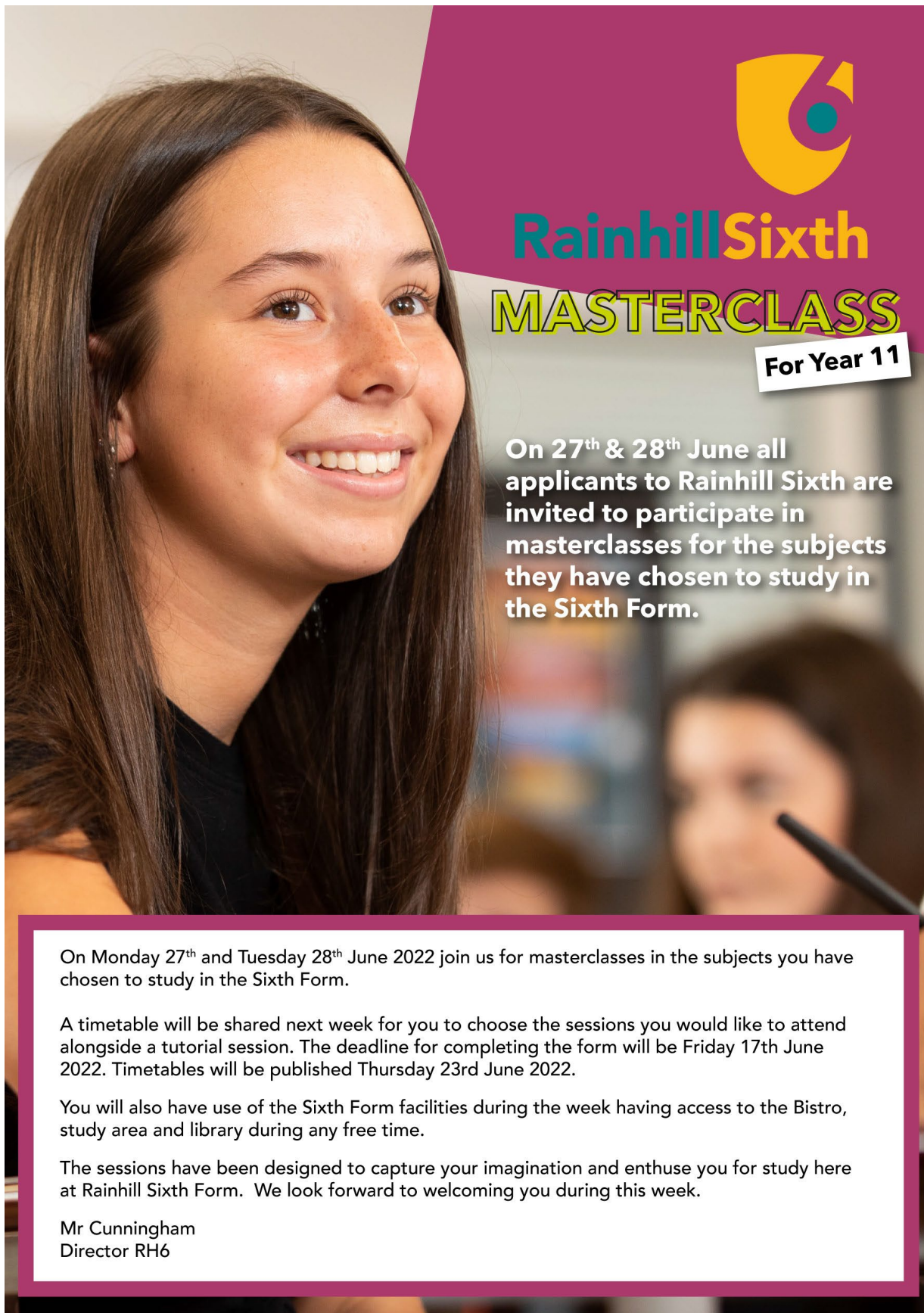
RAINHILL
HIGH SCHOOL



RainhillSixth



YEAR 11 MASTERCLASS



RainhillSixth
MASTERCLASS
For Year 11

On 27th & 28th June all applicants to Rainhill Sixth are invited to participate in masterclasses for the subjects they have chosen to study in the Sixth Form.

On Monday 27th and Tuesday 28th June 2022 join us for masterclasses in the subjects you have chosen to study in the Sixth Form.

A timetable will be shared next week for you to choose the sessions you would like to attend alongside a tutorial session. The deadline for completing the form will be Friday 17th June 2022. Timetables will be published Thursday 23rd June 2022.

You will also have use of the Sixth Form facilities during the week having access to the Bistro, study area and library during any free time.

The sessions have been designed to capture your imagination and enthuse you for study here at Rainhill Sixth Form. We look forward to welcoming you during this week.

Mr Cunningham
Director RH6



KENYA TRIP FUNDRAISING EVENT

In summer 2023, some of our students are undertaking a once in a lifetime opportunity to travel to Kenya, where they will get involved in a range of projects, helping to support education and community development in two rural communities. They'll become part of the community as they live and work alongside local people, learning about the challenges faced as well as the rich tradition and culture of Kenya. Students are currently fundraising the money to go on the trip and we will be promoting their events and initiatives for you to see and, if you would like to, get involved with. Any support would be greatly appreciated.

Grace Penketh (Y9) is having a stall at a local artisan market to fundraise money for her trip. The market will be held on Saturday 18th June between 10:30am and 3pm at Portico Nursery, 106 Mere Grange, Leaside, St Helens, WA9 5GG. There will be over 20 stalls including craft, personalised items, food, drink and much more!

YEAR 10 REVISION INFORMATION FOR PARENTS

Please [click here](#) to see revision information for parents.

YEAR 10 EXAMINATION PREPARATION

This week has seen Year 10 fully embracing a number of revision strategies. We have completed flash cards and revision clocks and it has been wonderful to see and talk to so many Year 10 students who are immersing themselves in their education and investing in themselves. It was fabulous to see so many attending morning and after school revision sessions. A reminder that all Year 10 students are welcome to come along to the drop-in session from 8:20am on Thursday mornings in the Library.

Next week we will be looking at further revision strategies such as 'brain dumps' and 'retrieve, record, review'. We will also be focusing on 'self-care' in the lead up to examinations. This week I have set Year 10 a challenge to reduce their social media use and replace this time with some self-care or revision. Please encourage your child to make a conscious effort to take part in this challenge, this can also be time added into their revision timetable to keep them on track.

Useful links:

- <https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/>
- <https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/exam-time/>

If you have any questions, subject specific questions should be directed to your child's subject teacher in the first instance. If you need to discuss a pastoral concern, please direct this to Mrs Martin or Mr Whitfield.

Thank you for your support.

Mrs Haselden, Year 10 Progress Leader.

YEAR 10 LP EXAMINATIONS

Our Year 10 examinations take place in the week **27 June to 1 July**.

The purpose of these examinations is to inform teachers about where gaps in knowledge or understanding exist so that planning for Year 11 can be tailored to address these gaps. They also mark the start of, in effect, your child's progression into Year 11 and GCSE year as we begin familiarising all pupils with the formal arrangements surrounding the examination process.

Students will be sitting papers, in all of their subjects, in the sports hall or gym. The timetable is below.

If your child has been granted access arrangements, these will be accommodated. Pupils entitled to extra time will be in the main exam hall.



If you have any questions, subject specific questions should be directed to your child's subject teacher in the first instance.

Thank you for your support with these examinations

Mrs Segal, Deputy Headteacher, Quality of Education.

Year 10 Examination Timetable LP3 from Monday 27th June to Monday 4th July

	Monday 27th June	Tuesday 28th June	Wednesday 29th June	Thursday 30th June	Monday 4th July
Period 1	English Language – 1 hour 30 minutes	Separate Science Biology – 1 hour 45 minutes Combined Science Biology – 1 hour 15 minutes	Maths – 1 hour 30 minutes	Separate Science Physics – 1 hour 45 minutes Combined Science Physics – 1 hour 15 minutes	English Literature – 1 hour 45 minutes
Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2
BREAK					
Period 3	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal
LUNCH					
Period 4	Yr10 - Box A Food Preparation and Nutrition – 1 hour 45 minutes RE – 1 hour 45 minutes Computing – 1 hour 30 minutes Drama – 1 hour 30 minutes GCSE PE – 1 hour	Yr10 – Box C French, German, Spanish Writing Higher – 75 minutes French, German, Spanish Writing Foundation – 1 hour History – 1 hour Geography – 1 hour	Separate Science Chemistry – 1 hour 45 minutes Combined Science Chemistry – 1 hour 15 minutes	Yr10 – Box D Food Preparation and Nutrition – 1 hour 45 minutes RE – 1 hour 45 minutes Computing – 1 hour 30 minutes GCSE PE – 1 hour Product Design – 1 hour	Yr10 – Box B Drama – 1 hour 30 minutes French, German, Spanish Writing Higher – 75 minutes French, German, Spanish Writing Foundation – 1 hour History – 1 hour Geography – 1 hour Construction – 1 hour
Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5

Students MUST report to the Sports Hall (SPH) promptly at 8.50am and 12:50 pm. Lessons run as normal which means student attendance is compulsory where exams are not being sat.



INTER-HOUSE CATERING COMPETITION



Dishes From Around The World



Bring your winning entry to C105 or C107 by registration on Thursday 23rd June for judging.

Clearly label it with you name and form.

Winners will be announced by the
end of the day!



RAINHILL RACE FOR LIFE



**RAINHILL
HIGH SCHOOL**

HAVE FUN

GET FIT

Race for Life



**CANCER
RESEARCH
UK**



FRIDAY 8TH JULY

FUNDRAISE



**CANCER
RESEARCH
UK**



**Take part and join in with our sponsored
run/walk for**

CANCER RESEARCH UK

Friday 8th July - 3.30pm

See your tutor for a sponsor form





IMPORTANT INFORMATION

CATERING W/C 20/06/22

Please see below the list of practical lessons planned in Catering/Food Preparation and Nutrition - week commencing Monday 13th June.



10A/Cg1	Pupils are making a gateau for their LP3 practical exam. On Wednesday pd4 they will make their sponge base. This will be wrapped and labelled at the end of the exam. Then on Friday pd5 pupils will decorate their sponge base into a gateau. This decoration must show the skills of coating the sides of a cake, piping and making homemade chocolate shapes.
10D/Cg1	Pupils are making a gateau for their LP3 practical exam. On Tuesday pd1 they will make their sponge base. This will be wrapped and labelled at the end of the exam. Then on Thursday pd3 pupils will decorate their sponge base into a gateau. This decoration must show the skills of coating the sides of a cake, piping and making homemade chocolate shapes.

YEAR 11 EXAMS- COPING WITH EXAM PRESSURE

With the exam season ahead, we have been sharing information with Year 11 pupils about coping with the pressure of exams. Ofqual have produced some guidance for students and it is worth looking at this with your child if they are in Year 11.

Please [click here](#) to view the guidance.

TOP 10 REVISION TIPS

1. Short spurts of revision (20-25 minutes) are most effective. Your concentration lapses after about an hour and you need to take a short break (5-10 minutes). Aim to revise for 2-3 hours per evening and 5-6 hours each day at the weekend.
2. Find a quiet place to revise—your bedroom, school, the local library—and refuse to be interrupted or distracted. Ensure your mobile phone is off.
3. Make sure you don't just revise the subjects and topics you like. Work on your weak ones as well. In fact, start with these first.
4. Make your own revision notes, because you will remember what you have written down more easily. Stick keynotes to a cupboard or doors so you can see them every day.
5. Re-write the key points of your revision notes, read them out loud to yourself. We remember more than twice as much of what we say than of what we merely read.
6. Use different techniques. Make your own learning maps. Use post-it notes to write key words on, create flash cards. Record your notes on your mobile phone and listen to them regularly. Ask friends to test you. Use highlighter pens to mark important points.
7. Practice on past exam papers or revision tests available on the web. Initially do one section at a time and progress to doing the entire paper against the clock.
8. You will need help at some stage; ask parents, teachers, or even friends. Ask your teacher for their work email address so you can clarify points you are unsure of.
9. Don't get stressed out. Eat properly and get lots of sleep.
10. Believe in yourself and be positive. If you think you can succeed you will.



HELP AND SUPPORT

CURRICULUM QUERIES

Heads of Department

English Y11	Ms Dickman	Philosophy & Ethics	Mr Ernest
Mathematics Y7, Y8 & Y9	Mrs Hughes	Social Sciences	Mr Jarvis
Mathematics Y10 & Y11	Mr Rimmer	Computer Science	Miss Johnson
Science	Miss Robinson	Art Design Technology	Mr Bennett
Biology	Dr Gordon	Languages	Miss D'Anna
Chemistry	Miss Hesketh	Food Studies	Mrs Bolland
Physics	Mr Hurst	Performing Arts	Mrs McCann
History & Politics	Mr Procter	PE	Mr Rachi
Geography	Mrs Parkinson	Life Skills	Miss Bryant
		(PSHE/Citizenship)	

Pastoral Queries

Stage 1	Form Tutor	
Stage 2	Year Student Manager	
Stage 3	Year Progress Leader	
Stage 4	Deputy Headteacher's	Mrs Munro/Mrs Segal/Mr McKeegan
Stage 5	Headteacher	Mrs Thorogood

Pastoral Structure

Y7 Student Manager	Mrs Martin	Y7 Progress Leader	Mr Shoebridge
Y8 Student Manager	Mrs Foster	Y8 Progress Leader	Miss Rangel
Y9 Student Manager	Miss Seddon	Y9 Progress Leader	Mr Giles
Y10 Student Manager	Mr Whitfield	Y10 Progress Leader	Mrs Haselden
Y11 Student Manager	Miss Gordon	Y11 Progress Leader	Mr Giles

Key Stage 3 Student Manager Mr Moran

Formal Complaints

If you wish to formally complain, please [click here](#) to find our complaints procedure.