



RAINHILL
HIGH SCHOOL

FRIDAY 9TH OCTOBER 2026

PARENT & PUPIL NEWSLETTER

WWW.RAINHILLHIGHSCHOOL.ORG.UK



A BRAND NEW WEBSITE

Discover a better way to explore Rainhill High School.

- ✓ Fresh, modern design
- ✓ Easier to find what you need
- ✓ Explore learning, support and school life
- ✓ Essential information for parents and carers



LAUNCHING MONDAY 12 OCTOBER

IN PURSUIT OF EXCELLENCE



Friday 9th October 2026

Dear Parents and Pupils,

Good afternoon, and welcome to this week's newsletter.

Firstly, well done to our Year 13 students who have completed their LP exams this week. Your hard work and commitment have been commendable.

Last night we were delighted to welcome so many families to our Sixth Form Open Evening. It was a pleasure to showcase the many opportunities available to our students and to share what makes Rainhill Sixth Form such a special place to continue their education. Thank you to all those who attended.

I am pleased to share that our new school website will launch on Monday 12th October, bringing a fresh look to our online home and making it easier for families to find useful information about life at Rainhill. The website address will remain unchanged, so you can continue to visit us in the usual place. We have shared information this week about the launch and our updated arrangements for contacting school, and you will find further details in this newsletter. We look forward to welcoming you to the new website and hope you enjoy exploring it.

We are committed to working in partnership with families and to maintaining clear, respectful and constructive communication. By working together and communicating with the right team, we can provide the best possible support for every pupil as they pursue excellence, achieve their potential and thrive.

Good luck to our Year 11 pupils who begin their LP1 exams on Monday. We wish you the very best as you put your preparation and determination into practice.

Finally, we are thrilled to announce that three of our Rainhill High School pupils have been nominated for a St Helens All Star Award. The St Helens All Star Awards is an event that recognises the exceptional talents and contributions of pupils from across all of the secondary schools in St Helens. Congratulations to those nominated, we wish you the best of luck.

Have a lovely weekend.

Mrs Thorogood, Principal.



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NEXT WEEK FOLLOWS THE WEEK B TIMETABLE

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
19/10/26	Year 11 LP1 Exams	St Helens All Star Awards	SEND Drop-in for Parents (2:30-4pm)		

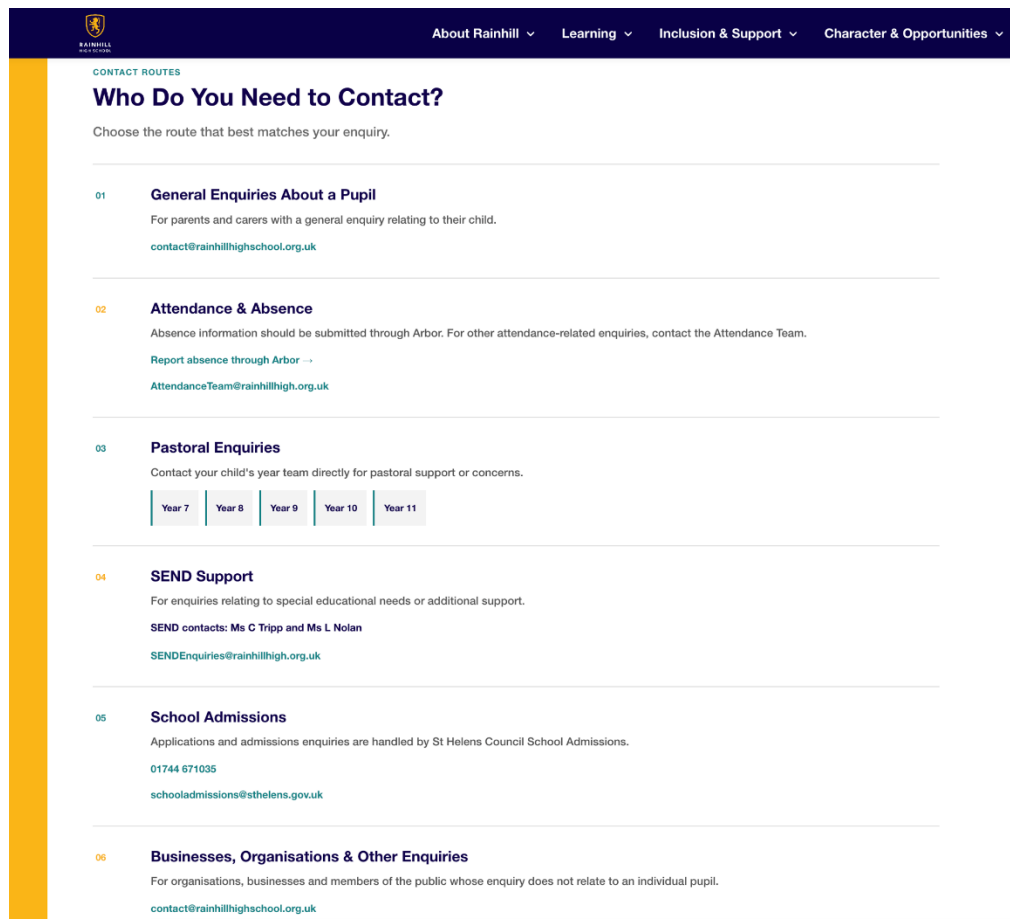


CONTACTING SCHOOL: THE RIGHT HELP, FROM THE RIGHT TEAM

A question about your child's school day, a concern you would like to discuss or a request for a meeting—we want you to know who to contact and what to expect next.

Alongside the launch of our new website on **Monday 12th October**, our updated Parent and Carer Communications Policy sets out clear routes for getting in touch. These arrangements will help your enquiry reach the staff best placed to support you.

What to look for:





Three things to remember:

1. **Email the right team.** For pastoral matters, including wellbeing, friendships and behaviour, contact your child's year team. Attendance, Sixth Form, SEND and general enquiries have their own dedicated addresses. You can find these in the contact guide shared through Arbor this week and on our new website's **Contact Us** page. Please include your child's full name, form group and a clear explanation of your enquiry.

Enquiry	Email address
Year 7 pastoral enquiries	Year7Team@rainhillhigh.org.uk
Year 8 pastoral enquiries	Year8Team@rainhillhigh.org.uk
Year 9 pastoral enquiries	Year9Team@rainhillhigh.org.uk
Year 10 pastoral enquiries	Year10Team@rainhillhigh.org.uk
Year 11 pastoral enquiries	Year11Team@rainhillhigh.org.uk
RH6 pastoral enquiries	sixthform@rainhillhigh.org.uk
Attendance enquiries, including evidence or documents	AttendanceTeam@rainhillhigh.org.uk
SEND enquiries, including evidence or documents	SENDEnquiries@rainhillhigh.org.uk
General enquiries or FAO a member of staff	GeneralEnquiries@rainhillhigh.org.uk

2. **Allow five school days for a substantive response.** An acknowledgement confirms that your email has arrived. The response that follows may answer your question, explain the next steps, request further information or arrange a telephone call or meeting.
3. **Follow up if you have not heard back.** If you have not received a substantive response within five school days, forward your original email to 5days@rainhillhigh.org.uk so we can follow it up.

What about Arbor?

Please continue checking Arbor for information about your child, timetables, behaviour information, homework, clubs and use it to report absence. From Monday, parents and carers will no longer be able to send in-app messages, unless reporting an absence. Routine enquiries and meeting requests should be sent by email.

For an **urgent safeguarding or welfare concern**, telephone **01744 677205** and speak to the main office who will contact the most appropriate available member of staff rather than waiting for an email response.

Read the full Parent and Carer Communications Policy [here](#).



RAINHILL HIGH SCHOOL

In Pursuit of Excellence

HOW TO REPORT AN ABSENCE

Using the Arbor Parent App

Report by 8.30am on the first day of absence.

1



OPEN ARBOR

Log in and select the correct child.

2



GO TO ATTENDANCE

Tap Quick Actions (the three-line icon at the bottom of the screen), then Attendance.

3



SELECT LOG ABSENCE

Tap the green Log Absence button.

4



ADD DETAILS AND SUBMIT

Check the start and end times, enter a brief reason, then tap Log Absence to send.



MEDICAL EVIDENCE

You do not need to send medical evidence for every absence. The Attendance Team will contact you if it is needed.

Email any requested evidence or medical information to:

AttendanceTeam@rainhillhigh.org.uk

Please include your child's full name and form group.



NEED A REPLY?

Routine absence and appointment reports are not individually acknowledged. If you need a reply, please say so clearly.



GOVERNANCE UPDATE

We are pleased to share some recent changes to the leadership and membership of our Local Academy Committee (LAC) and Trust Board.

After giving significant time and commitment to the LAC, Aarron Kehoe has stepped down to take on a role on the Trust Board. Aarron has served the school as a Parent Governor, Community Governor and, most recently, Chair of the LAC. We would like to offer our sincere thanks to Aarron for his dedication and contribution to the school and are delighted that his experience will continue to support the Trust in his new role.

Following Aarron's move, Alison Finney has been elected as Chair of the LAC, with Jenny Young elected as Vice Chair. We congratulate Alison and Jenny and wish them both every success as they take on their new roles.

We are also delighted to welcome Anthony Albrecht and Emma Biszby, who were elected by parents as our new Parent Governors, and Dave Rotheram, who was elected by the staff and joins the LAC as Staff Governor. Thank you to everyone who took part in the recent elections and to all those who put themselves forward to support the school.

There have also been changes at Trust Board level, with Sylvia Thomson taking on the role of Chair of Trustees and David Boyer becoming Vice Chair. We wish Sylvia and David every success in their new roles.

We are incredibly grateful to all our governors and trustees who voluntarily give their time, experience and expertise to support our school. We look forward to working together as we continue to provide the very best opportunities for our pupils and our wider school community.



CAREERS

WE NEED YOUR HELP.

We are looking for employers, businesses and professionals to get involved in our Careers Fair and Year 10 Mock Interview Day. These events make a huge difference to our pupils, giving them real-world insight, confidence and valuable experience of the workplace.

If you can spare some time to support our young people or know someone else who can, please sign up using the link below. Even a few hours can make a lasting impact.

[Mock Interviews and Careers Fair 2027](#)

Mrs Thomas, RH6 Manager.

CELEBRATING ATTENDANCE

We would like to congratulate our Year 11 pupils for their consistent, improved, and improving attendance. Your commitment to being in school each day shows great determination and resilience. Regular attendance is a key part of your success, and it is wonderful to see so many of you making the effort to be present, engaged, and ready to learn.

(Pictured: Year 11, Ruth D, Ollie K and Hayder M)

Other pupils who have been recognised for their attendance this week are:

Year 7: Finley M, India H and Ellis H

Year 8: Logan B, Emillia R and Isla C

Year 9: Lewis R, Nathan B and Camilla T

Year 10: Noah B, Ellie W and Chloe F

Mrs Coxhill, Attendance Manager.





LION AWARDS - OVER AND ABOVE RAINHILL PROFESSIONAL STANDARDS

Congratulations to our Year Team Professional Standards winners of the week

Your dedication, consistency, and commitment to excellence continue to set the standard for what it means to be a Rainhill Pupil. Thank you for upholding our values and inspiring those around you every single day.

Well done to this week's winners below - you should be incredibly proud.

Charlie F, Lily-Rose C, Rian B, Polly H, Chloe C, Ethan K, Robyn D, Jake C, Poppy G and Tom P.

Mr East, Assistant Principal Culture & Behaviour.



VICE PRINCIPAL WEEKLY SPECIAL RECOGNITION AWARD

Congratulations to our Vice Principal's Weekly Special Recognition Award winners, who have all been chosen as the highest positive points scorers for each year groups 7-11. What a fantastic achievement.

Congratulations to Scarlett R, Olivia C, Sienna S, Jamie H and Finnlee M.

Mrs Munro, Vice Principal - Behaviour, Culture, Attendance & Safeguarding.

WELLBEING: WORLD MENTAL HEALTH DAY

World Mental Health Day takes place on 10th October, providing an opportunity to highlight the importance of talking openly about mental health and reminding young people that it is okay to share how they are feeling.

This year's theme, "*Lived experiences heard: real voices, real change,*" focuses on the importance of listening to people's experiences and ensuring that everyone has the opportunity to feel heard and understood.

With this in mind, we have put together some useful resources to help encourage positive conversations about mental health and support young people in feeling more comfortable talking about their thoughts and feelings.

[Talking to your child about mental health](#) – YoungMinds

[How to talk about your mental health](#) – Mental Health Foundation

[Top tips to listen better](#) – Mental Health Foundation

If your young person needs additional support, please do not hesitate to get in touch.

Mrs Blagbrough, Wellbeing Champion



PE NEWS

Important News: PE Kit

We have been in contact with our supplier, Price and Buckland, who have informed us that all orders that have been placed, but not yet delivered, should be completed and delivered before half term.

There is now far more stock available for order and Price and Buckland do not anticipate another waiting period for orders.

As a result, all pupils will need to be in PE kit, new or old (the house colours) after October half term.

We will no longer be allowing pupils to wear plain black t-shirts.

Plain black shorts/leggings and socks are acceptable.

Mr Wood, Head of PE.

Year 9 Football

This week we had nearly 30 Year 9 boys represent school as the A-Team travelled to Cowley for a friendly, and the B-Team travelled to Ruskin Drive for a festival.

The A-Team dominated in a 7-2 win, and the B-Team split into 2 teams, and both finished unbeaten.

Well done teams.



Badminton

On Tuesday we hosted Haydock for an afternoon of competitive Badminton. Well done to all involved.





British National Championships

Well done to Elsie in Year 7 who won the British National Championships for Taekwondo in Manchester last weekend.

Elsie is now National Champion for her age, level and weight. Huge congratulations on your first title, and hopefully much more to come.



Year 10 Netball – Merseyside Cup

Our Year 10 netball team recently took part in their first-ever Merseyside Cup fixture, taking on a very strong Chesterfield side.

Although the girls did not come away with the win, the match provided a fantastic opportunity for the team to challenge themselves against tough opposition.

The team worked incredibly hard throughout the game, continually pushing themselves to improve and demonstrating consistent resilience.

Well done girls.



Swimming – English Schools Swimming Association Championships

Our final group of Year 7–10 swimmers recently represented the school at the English Schools Swimming Association Secondary School Championships, competing against some of the strongest school swimming teams in the region.

All our pupils performed exceptionally well and should be incredibly proud of their efforts. The competition provided a fantastic opportunity for our swimmers to test themselves at a high level, and they certainly rose to the challenge.

We are particularly delighted with some outstanding team results in the North-West. Our Inter Boys and Girls team finished 4th in the Medley, while our Inter Boys achieved 3rd place in the Freestyle and our Inter Girls secured an incredible 2nd place in the Freestyle. These are fantastic achievements and a real reflection of the commitment, hard work and determination shown by our pupils. We are now eagerly awaiting confirmation as to whether these results will be enough to see our teams progress to the National Finals.



LIBRARY NEWS

Today was the deadline to submit an autumnal-themed short story for the KS3 writing competition. I will be announcing the winner of a brand-new copy of "One of Us Is Next" by Karen McManus on Monday.

10x10 CHALLENGE

A new reading challenge is beginning in the school library as part of our National Year of Reading activities, which aim to encourage and promote reading for pleasure.

For the next two weeks, the library will be open during morning break exclusively for pupils taking part in the challenge. Participating pupils will come to the library and enjoy 10 minutes of reading each day, for 10 days.

After each reading session, the pupils will have their Reading Passport stamped and receive a small, sweet treat. Those who complete all 10 days will be entered into a draw to win a £10 bookshop voucher.

By taking part, pupils will complete 100 minutes of reading for pleasure in just two weeks — a simple but rewarding way to make reading part of their daily routine.

Pupils can bring a book from home, choose one from the library, or **reserve a book through our [virtual library](#)**. If they reserve a book, I will have it ready for them to collect on Monday.

The library will remain open to all pupils at all other times as usual.

We hope lots of pupils will take up the challenge and discover that just 10 minutes of reading a day can make a difference.





YEAR 11 LEARNING PROGRAMME - ASSESSMENT WEEK 1

Monday 12th October to Friday 23rd October (inclusive)

From Monday 12th October to Friday 23rd October (inclusive) all pupils in Year 11 will be undertaking mock examinations in the subjects they are currently studying. For both GCSE and Applied (BTEC/CamTech) subjects these examinations will be based on past paper questions, and indeed complete papers, and will be taken under exam conditions to best prepare your child for their final examinations in May/June 2027.

Please find attached the exam timetable so your child is aware of when their examinations take place. All morning examinations will start as soon as possible and by 9:15am. Pupils must go to Character Curriculum with their form tutor to register. Afternoon examinations will commence after lunch at 1:30pm.

Pupils are expected to attend lessons as normal on the completion of their examinations and when not scheduled in examinations.

Please could you encourage and support your child to prepare thoroughly for these examinations as they will give them a good indication of the progress they have made to date.

The school will continue to provide revision guidance sessions during character curriculum time to ensure your child can prepare effectively for these important examinations.

Mr Webster, Year 11 Progress Leader.

	Monday 12th October 2026	Tuesday 13th October 2026	Wednesday 14th October 2026	Thursday 15th October 2026	Friday 16th October 2026
Period 1	English Language Paper 1 – 1 Hour 45 Mins	Mathematics Paper 1 – 1 Hour 30 Mins	English Literature Paper 1 – 2 Hours	Biology (Separate Science) - 1 Hour 45 Mins Biology (Combined Science) - 1 Hour 15 Mins	English Language Paper 2 – 2 Hours
Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2
Period 3	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal
LUNCH					
Period 4	<u>Block A subjects (Period 4)</u> Business Paper 1 – 1 Hour 45 Mins History – 2 Hours PE Paper 1 – 1 Hour Sociology – 1 Hour 45 Mins If no scheduled exam, then lessons as normal	<u>Block D subjects (Period 4)</u> Business Paper 1 – 1 Hour 45 Mins History – 2 Hours If no scheduled exam, then lessons as normal	<u>Block B subjects (Period 5)</u> Construction – 1 Hour 30 Mins Geography – 1 Hour 30 Mins History – 2 Hours Spanish Paper 1 Listening- Higher – 1 Hour Foundation – 45 Mins If no scheduled exam, then lessons as normal	Chemistry (Separate Science) - 1 Hour 45 Mins Chemistry (Combined Science) - 1 Hour 15 Mins	<u>Block C subjects (Period 4)</u> Geography – 1 Hour 30 Mins German Paper 1 Listening - Higher 1 Hour Foundation 45 Mins History – 2 Hours RE – Paper 1 – 1 Hour RE – Paper 2 – 1 Hour Spanish Paper 1 Listening- Higher – 1 Hour Foundation – 45 Mins If no scheduled exam, then lessons as normal
Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5



	Monday 19th October 2026	Tuesday 20th October 2026	Wednesday 21st October 2026	Thursday 22nd October 2026	Friday 23rd October 2026
Period 1	English Literature Paper 2 – 1 Hour 45 Mins	Mathematics Paper 2 – 1 Hour 30 Mins	Physics (Separate Science) - 1 Hour 45 Min Physics (Combined Science) - 1 Hour 15 Mins	Mathematics Paper 3 – 1 Hour 30 Mins	Modern Foreign Languages German Paper 3 – Writing Higher – 1 Hour 20 Mins Foundation – 1 Hour 15 Mins Spanish Paper 3 - Writing Higher –1 Hour 20 Mins Foundation –1 Hour 15 Mins
Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2	Exams continuing into Period 2
Period 3	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal	Lessons as normal
LUNCH					
Period 4	Block A subjects (Period 5) Business Paper 2 – 1 Hour PE Paper 2 – 1 Hour Food and Nutrition – 1 Hour 45 Mins If no scheduled exam, then lessons as normal	Block C subjects (Period 5) German Paper 2 Reading - Higher – 60 Mins Foundation – 45 Mins Spanish Paper 2 Reading - Higher – 60 Mins Foundation – 45 Mins If no scheduled exam, then lessons as normal	Block D subjects (Period 5) Business Paper 2 – 1 Hour Food and Nutrition – 1 Hour 45 Mins If no scheduled exam, then lessons as normal	Computer Science Paper 1 – 1 Hour 30 Mins If no scheduled exam, then lessons as normal	Computer Science Paper 2 – 1 Hour 30 Mins If no scheduled exam, then lessons as normal
Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5	Exams continuing into Period 5

YEAR 11 FOOD PREPARATION AND NUTRITION EXAMS

Year 11 pupils will be taking their Assessment 1: The Food Investigation Assessment practical examination in Food Preparation and Nutrition before the end of this half term. Overall, this assessment is worth 15% of their final GCSE grade, of which the practical examination is worth half of the marks. Letters have been sent home to parents/carers via Arbor containing more information.

Please see below dates/times for each classes' exam.

Tuesday 13th October	Wednesday 14th October	Thursday 15th October	Friday 16th October
<u>11A/Cg2 – Group 9</u>	<u>11D/Cg1 – Group 10</u>	<u>11A/Cg1 – Group 11</u>	<u>11A/Cg1 – Group 12</u>
C105 Opens 8:30am	C105 Opens 8:30am	C107 Opens 8:30am	C107 Opens 8:30am
Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am



RAINHILL PE



ELITE PERFORMERS

We are creating our new 2026-27 Elite Performer/Gifted and Talented lists for 2026/27.

If your child is at a registered academy, or elite talent pathway whereby school may need to work in partnership with the club or organisation with regards to authorised absences (due to fixtures or regular training such as day release) and academic support, please contact Dr Rotheram with information of your child's level, club and requirements. Please also send a relevant picture of your child in their kit and/or competing for our display - David.Rotheram@rainhillhigh.org.uk

Dr Rotheram will be looking after these Elite Performers, if they fall into the Elite Performer remit. Please [click here](#) for more precise details.

If your child represents school boys/girls, represents at country or regional level in their chosen sport, then we would love to celebrate their achievements by placing them on our Gifted and Talented registers. We will celebrate these pupils alongside our Elite Performers by spreading good news of their achievements on newsletters, socials and on our PE display wall.

If you believe your child would be classed as gifted and talented then please send information of your child's level, club and sport to Mr Wood - Michael.Wood@rainhillhigh.org.uk

Please also send a relevant picture of your child in their kit and/or competing for our display.

Mr Wood, Head of PE.



CHARACTER CURRICULUM - EXTRA-CURRICULAR SPORT

Please see below our extra-curricular timetable for our first term. All pupils are invited to attend as many clubs as they can. There is no need to pay for any clubs, all we ask is pupils have PE kit for afterschool clubs and girls have shorts for the trampolining. These clubs are not school teams; they are recreational clubs for anybody and everybody.

As part of our Character Curriculum, we are urging pupils to engage in as many extra-curricular opportunities as possible. Regular participation in school sports clubs provides pupils with far more than just the opportunity to develop their sporting ability. By attending clubs consistently over time, pupils can build confidence, resilience, teamwork, communication, and leadership skills, while developing positive habits around physical activity and healthy lifestyles. Sustained involvement also helps pupils learn how to set goals, respond to challenges, manage success and disappointment, and commit to something over a longer period. Our extra-curricular programme is designed to give every pupil the opportunity to belong to a team, represent their school, develop their skills, and enjoy being active, with the aim of creating positive experiences that can encourage a lifelong interest in sport and physical activity.

Please note, some clubs may be cancelled if the facility is unavailable (e.g. sports hall being used for exams or if a fixture has been arranged after school).

Communication in these cases will be done via Arbor, so please sign up to our clubs via Arbor.

Term 1: September - December		
 LUNCH 12:55 -13:25	AFTER SCHOOL 15:30 -16:15	
MONDAY	Trampolining – Gym Year 7	Girls Netball – Courts – All Years Boys Football – Astro - Y8 (Wk A), Y9 (Wk B)
TUESDAY	Badminton – Sports Hall Year 9 and 10	Girls Football – Astro – All Years Boys and Girls Rugby – Field – All Years
WEDNESDAY	Badminton – Sports Hall Year 7 and 8	
THURSDAY		Boys Football – Astro – Year 7
FRIDAY	Trampolining – Gym Year 8-10	Boys Football – Astro – Year 10
<i>Please note, clubs are subject to fixture/facility clashes, appropriate and safe weather, and appropriate pupil participation. Please sign up to clubs on ARBOR – for help and support, contact your form teacher</i>		



Calling ALL SINGERS!

DO YOU KNOW WE
OFFER **1-1 SINGING
LESSONS?**



Do you love to sing and
have a passion to perform?



Opportunities to take part
in end of term concerts and
onstage performances.



**LEARN CORRECT
VOCAL TECHNIQUES**



**BUILD YOUR
CONFIDENCE**



**SING YOUR
FAVOURITE
SONGS**

Come and see *Miss Mawdsley*
on a Tuesday in D block to
book your first lesson and
find out more!





HELP AND SUPPORT

CURRICULUM QUERIES

Heads of Department

English	Ms Dickman	Business Studies	Mr Farrell
Mathematics	Mr Rimmer	Social Sciences	Mrs R Evans
Science	Mr Flynn	Computer Science	Miss Curphey
Biology	Miss Harper	Art Design Technology	Mr Bennett
Chemistry	Mrs Bancroft	Languages	Mr Farrell
Physics	Mr Hurst	Food Studies	Mrs King
History & Politics	Mr Swan	Performing Arts	Mrs McCann
Geography	Mr Iddon	PE	Mr Wood
Philosophy & Ethics		Life Skills	Miss Burgess
		(PSHE/Citizenship)	

PASTORAL QUERIES

Stage 1	Form Tutor	
Stage 2	Year Student Manager/Progress Coach	
Stage 3	Year Progress Leader/Director RH6	
Stage 4	Assistant Principal - Behaviour & Culture	Mr East
Stage 5	Vice Principals	Mrs Munro, Mrs Aylward
Stage 6	Principal	Mrs Thorogood

Pastoral Structure

Y7 Student Manager	Dr Rotheram	Y7 Progress Leader	Mrs Haselden
Y8 Student Manager	Mrs Beardwood	Y8 Progress Leader	Mr Giles
Y9 Student Manager	Miss Hill	Y9 Progress Leader	Mr Barry
Y10 Student Manager	Mr Lambert	Y10 Progress Leader	Mr Brown
Y11 Student Manager	Miss Humphreys	Y11 Progress Leader	Mr Webster
RH6 Progress Coaches	Mrs Thomas/Mrs Garton	Director RH6	Mr Cunningham
Young Carer Champion	Miss Wordsworth		

BREAKFAST CLUB BOOKINGS

Breakfast Club is available free of charge every school day from **8:00am to 8:30am**. Pupils can sit quietly before school or purchase breakfast from the catering service using their normal lunch card.

Places must be booked in advance through the **Arbor Parent App**:

1. Open the Arbor Parent App.
2. Select **Menu**.
3. Select **Clubs**.
4. Choose **Breakfast Club**.
5. Select **Register for this club** and book the dates required.



ACCESSING FREE SCHOOL MEALS

If you have been in receipt of free school meals previously and believe this should still be the case, you will need to apply to St Helens Council. Please [click here](#).

FREE SCHOOL MEAL ELIGIBILITY



Dear Parent/Carer,

You may or may not be aware that from September 2026 the government are changing the criteria required to be eligible for free school meals. This means that across England there may be an additional 500,000 pupils that hit this new criteria. The even better news is that we can check your eligibility to see if your child(ren) are eligible under the scheme, and if they are, that will directly begin the application.

Please scan the QR code or click on the link to take you to a short MS Forms and we will be in touch to let you know if you are eligible and whether your application has been processed.

[Free school meal eligibility checker – Fill in form](#)

Free school meal eligibility means that your child/children will get £1.25 for breakfast, which can be used at breakfast or break time, and £2.50 for their lunch. As this money comes from central government, they apply a 'claw back' rule which means if funds are not used, they are removed and not rolled over. You can still, if you want, add funds to your child's/children's account through Parent Pay.

NB All decisions are made by central government and not by the school.

St Helens Catering Service - School
Lunch Special Dietary Request



SCHOOL MENU

Please [click here](#) to view our latest menu.

Please [click here](#) to view our allergens menu.

ARBOR - GETTING STARTED ON ARBOR

Please [click here](#) to view our Arbor guide.



MICROSOFT AUTHENTICATOR SETUP GUIDE



Microsoft Authenticator Setup Guide

<http://www.outlook.com/rainhillhigh.org.uk> Set up the Microsoft Authenticator app and add your mobile

You will need your school email address and password, a mobile phone, and internet access.

Complete both sections below so you can approve sign-ins and recover access if you change phones.

Before you start

You need	Details
School account	Your school email address and password.
Mobile phone	A phone that can install the Microsoft Authenticator app.
Your number	The mobile number you normally use. Do not use someone else's number.

Part 1 Set up Microsoft Authenticator

1	Install the app. On your phone, open the Apple App Store or Google Play Store. Search for Microsoft Authenticator and install the official Microsoft app.
2	Open your security information page. On a laptop, tablet or phone browser, go to https://mysignins.microsoft.com/security-info . Sign in using your school email address and password.
3	Add a sign in method. Select Add sign-in method. Choose Authenticator app, then select Add or Next. Keep this page open.
4	Add your school account in the app. Open Microsoft Authenticator. Tap the + symbol, choose Work or school account, then choose Scan a QR code.
5	Scan the QR code. Use the app to scan the QR code shown on the security information page. If asked, allow the app to use your camera.
6	Finish and test. Select Next on the web page. Approve the test notification in the app. If a number is displayed, type the same number into the app, then select Approve.



Part 2 Add your mobile number

Adding your mobile number gives you another way to receive a verification code if you cannot use the app.

1	Return to Security info. If you are not already there, go to https://mysignins.microsoft.com/security-info and sign in.
2	Add a phone method. Select Add sign-in method, choose Phone, then select Add.
3	Enter your number. Choose United Kingdom (+44). Enter your mobile number without the first 0, then choose Text me a code. Example: 07700 900123 becomes 7700 900123.
4	Verify the code. Enter the code sent to your phone and select Next. Your mobile number should now appear in your Security info list.

If you get stuck

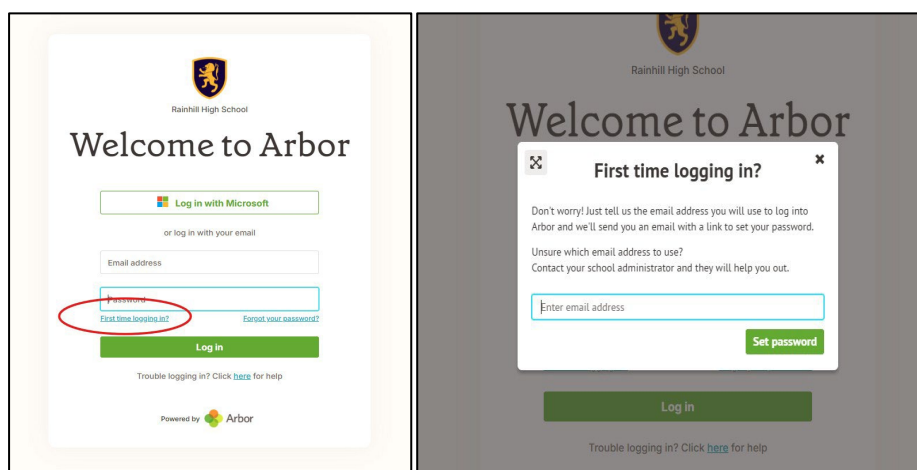
Problem	What to do
No mobile phone	Speak to IT support. Do not use another account or phone number.
New or lost phone	Tell IT support as soon as possible so your old Authenticator method can be removed safely.
Wrong password or no prompt	Check you are using your school email address. If it still does not work, contact IT support.

Keep your phone secure. Never approve a sign-in notification that you did not start.

FIRST TIME PUPIL LOGIN TO ARBOR

Use your school email address to set up your Arbor password.

1. Go to <https://rainhill-high-school.uk.arbor.education>
2. On the Arbor sign-in page, click first time logging in?
3. Enter your Rainhill High School email address, then click set password.
4. Open your school email and click the link from Arbor to create your own password.



Still having trouble? Please visit the IT Service Desk during school time.



CURRENT VACANCIES

TEACHER OF IT/MEDIA (KS4/5) with COMPUTER SCIENCE (KS3-4) MPR/UPR

Key Dates:

Apply by: 9am on Monday 12th October 2026

Interviews: Thursday 15th October 2026

For further information and to apply, please visit [Vacancies / Rainhill High School](#) or contact jobs@rainhillhigh.org.uk