



RAINHILL
HIGH SCHOOL

FRIDAY 18TH SEPTEMBER 2026

PARENT & PUPIL NEWSLETTER

WWW.RAINHILLHIGHSCHOOL.ORG.UK



OPEN EVENING 2026

Proud to welcome
the next generation of
Rainhill Pupils

A wonderful Open Evening celebrating the pride & sense of belonging our pupils and staff have at Rainhill High School.



LEARN THINK CONTRIBUTE CARE

IN PURSUIT OF EXCELLENCE



Friday 18th September 2026

Dear Parents and Students,

Good afternoon and welcome to this week's newsletter.

Firstly, thank you to everyone who attended our School Open Evening on Wednesday. This evening was a tremendous success, with many joining us to get a feel for our school's ethos and culture as they prepare for secondary school. It was a pleasure to meet so many Year 6 pupils and their families, and we are excited to welcome them to the Rainhill community in the near future.

Our Extra Curricular clubs and activities have started this week, thank you to all those who have already signed up. These activities are not only a fun way for pupils to explore their interests but also directly links to our rewards system. Participating in these activities offers several benefits from developing new skills to building new relationships. We ask parents to encourage your child to explore these opportunities and make the most of the activities we offer. Clubs on offer this half term can be found on Arbor.

Next week we have our SEND Parent Information Evening on Wednesday 23rd September, we look forward to welcoming parents at 5pm. Also next week, our Sixth Form will be hosting a Macmillan Coffee Morning on Friday 25th September; please encourage your child to pop along to raise funds for an amazing cause.

Finally, looking a little further ahead, please mark your calendars for Thursday 8th October when we will be hosting our RH6 Open Evening, starting at 6:00pm. This is a fantastic opportunity for Year 11 students and their families to learn more about life at our Sixth Form, meet staff, and explore the wide range of courses on offer.

Have a lovely weekend.

Mrs Thorogood, Principal.



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NEXT WEEK FOLLOWS THE WEEK B TIMETABLE

	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
21/09/26	Year 12 Induction Assessments		Y8 and Y9 SEND Parent Information Evening (5pm)		RH6 Macmillan Coffee Morning European Day of Languages



OPEN EVENING SUCCESS

Rainhill High School was delighted to welcome prospective Year 6 pupils and their families to our annual Open Evening, giving visitors the opportunity to explore the school, meet our staff and pupils, and experience the wide range of opportunities available as part of the Rainhill community.

Throughout the evening, our subject areas came to life with a fantastic range of activities, demonstrations and challenges. Families were able to explore our curriculum, visit our facilities and speak directly with teachers and pupils about learning and life at Rainhill. From practical and creative activities to performances, experiments and interactive challenges, there was plenty for our Year 6 visitors to get involved in.

Alongside our curriculum areas, families had the opportunity to meet members of our pastoral, SEND and leadership teams and learn more about the support, care and opportunities available to pupils throughout their time at Rainhill.

There was a wonderful sense of community across the school, and we were particularly proud of the contribution made by our pupils. Our pupil leaders, guides and subject helpers welcomed visitors, supported activities and spoke confidently about their experiences. Their pride in their school was clear to see, and we received a great deal of positive feedback from families about their excellent conduct, confidence and enthusiasm.

Visitors also commented on the warm and welcoming atmosphere throughout the school and the engaging experiences offered within our subject areas. It was fantastic to see our values of Learn, Think, Contribute and Care being demonstrated throughout the evening by pupils and staff alike.

An event of this scale is a real team effort. We would like to thank our teachers, pastoral teams, SEND team, leaders, support staff, Site Team, AV and IT teams, and everyone who worked behind the scenes to prepare the school and ensure our visitors received such a warm welcome.

Most importantly, thank you to all of the Year 6 pupils and families who joined us. We hope you enjoyed discovering more about Rainhill High School and experiencing for yourselves the community, ambition and opportunities that underpin our shared commitment to being in Pursuit of Excellence.





LION AWARDS - OVER AND ABOVE RAINHILL PROFESSIONAL STANDARDS

Congratulations to our Year Team Professional Standards winners of the week!

Your dedication, consistency, and commitment to excellence continue to set the standard for what it means to be a Rainhill Pupil. Thank you for upholding our values and inspiring those around you every single day.

Well done to this week's winners below - you should be incredibly proud.

Ariel E, Chloe B, Eva D, Matilda A, Ollie H, Ava Mc, Logan Mc, Georgina F, Erin J and Dylan B.

Mr Giles, Senior Progress Leader and Year 7 YPL.



VICE PRINCIPAL WEEKLY SPECIAL RECOGNITION AWARD

Congratulations to our Vice Principal's Weekly Special Recognition Award winners, who have all been chosen as the highest positive points scorers for each year groups 7-11. What a fantastic achievement!

Congratulations to Dillon J, Riley S, Ryan Y, Logan Mc and Daisy F.

Mrs Munro, Vice Principal - Behaviour, Culture, Attendance & Safeguarding.

CAREERS

We really need your help!

We are looking for employers, businesses and professionals to get involved in our Careers Fair and Year 10 Mock Interview Day. These events make a huge difference to our students, giving them real-world insight, confidence and valuable experience of the workplace.

If you can spare some time to support our young people or know someone else who can, please sign up using the link below. Even a few hours can make a lasting impact.

[Mock Interviews and Careers Fair 2027](#)

Mrs Thomas, RH6 Manager.



LION THEME OF THE WEEK

Our Lion theme of the week is Organisation: Punctuality.

All staff will be rewarding students who are at the front of the queue for their lessons. More Lions, means a better chance in the Lion ticket prize draw in assembly.



THE BIG FUTURE

The children's commissioner, Dame Rachel de Souza, has launched a survey for all young people to give their views on a range of issues. Please have your say by completing the survey [here](#).

PUPIL REMINDERS

Students are reminded to be punctual in the morning and to arrive at school by 8:50am. If students arrive late, then they will be assigned a 20-minute lunchtime detention, and their mobile phone pouch will be housed, until the detention is completed.

Students are reminded to bring their full uniform and be professionally dressed for school. If students do not have full uniform, then their mobile phone pouch will be handed in as a deposit, until the item of uniform is returned.

SUPPORTING READING IN YEAR 7

Reading is a key priority at Rainhill High School and is fundamental to pupils' success across the whole curriculum.

During this half term, all Year 7 pupils will complete a reading age assessment. This will help us understand each pupil's current reading level and identify where any additional support may be beneficial. Reading ages will be communicated to parents and carers, along with details of any targeted reading intervention that may subsequently be put in place.

As part of our Universal Reading Offer, all Key Stage 3 pupils use Reading Plus, our online reading platform. Year 7 pupils will begin using Reading Plus this half term and will receive their individual login details during English lessons. Pupils should complete four Reading Plus tasks each week, equating to approximately one hour of home learning.

How can parents and carers help?

Reading regularly at home makes a significant difference. We encourage families to support pupils to complete their Reading Plus tasks and, wherever possible, to continue reading together or discussing what they are reading at home. This might be a novel, newspaper article, magazine, website or other age-appropriate text.

Strong reading skills support much more than English. Being able to read fluently, understand increasingly complex vocabulary and make sense of challenging texts helps pupils to access Science, Maths, Humanities and every other area of the curriculum. Reading also develops vocabulary, communication, concentration, confidence and critical thinking – important skills for future study, employment and everyday life.

Even a small amount of regular reading can make a real difference. By working together, we can help our Year 7 pupils develop the confidence, fluency and enjoyment of reading that will support them throughout their time at Rainhill and beyond.

Thank you for your continued support in helping us make reading part of every pupil's weekly routine.

Mr Walton, Assistant Principal.



MACMILLAN COFFEE MORNING

≡ You're invited to a ≡
MACMILLAN
Coffee Morning

EVERY
DONATION
HELPS

Sip coffee. Enjoy treats.
Make a difference.



PLACE
Sixth Form
Study Area



DATE
Friday 25th
September
2026



TIME
10:35 –
13:25



CONTACT
Katie
Thomas



We are asking for
baked goods to sell on the day.

Home made or shop bought
is fine! 

Donations to be handed in
to 6th Form Office.





YEAR 11 FOOD PREPARATION AND NUTRITION EXAM

Year 11 pupils will be taking their Assessment 1: The Food Investigation Assessment practical examination in Food Preparation and Nutrition before the end of this half term. Overall, this assessment is worth 15% of their final GCSE grade, of which the practical examination is worth half of the marks. Letters have been sent home to parents/carers via Arbor containing more information.

Please see below dates/times for each classes' exam.

Tuesday 29th September	Wednesday 30th September	Thursday 1st October	Friday 2nd October
<u>11D/Cg1 - Group 1</u>	<u>11A/Cg1 - Group 2</u>	<u>11A/Cg2 - Group 3</u>	<u>11D/Cg1 - Group 4</u>
C105 Opens 8:30am	C107 Opens 8:30am	C105 Opens 8:30am	C105 Opens 8:30am
Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am

Tuesday 6th October	Wednesday 7th October	Thursday 8th October	Friday 9th October
<u>11A/Cg1 - Group 5</u>	<u>11A/Cg2 - Group 6</u>	<u>11D/Cg1 - Group 7</u>	<u>11A/Cg1 - Group 8</u>
C107 Opens 8:30am	C105 Opens 8:30am	C105 Opens 8:30am	C107 Opens 8:30am
Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am

Tuesday 13th October	Wednesday 14th October	Thursday 15th October	Friday 16th October
<u>11A/Cg2 - Group 9</u>	<u>11D/Cg1 - Group 10</u>	<u>11A/Cg1 - Group 11</u>	<u>11A/Cg1 - Group 12</u>
C105 Opens 8:30am	C105 Opens 8:30am	C107 Opens 8:30am	C107 Opens 8:30am
Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am	Exam Time 8:45 am - 11:45 am

ELITE PERFORMERS

We are creating our new 2026-27 Elite Performer/Gifted and Talented lists for 2026/27.

If your child is at a registered academy, or elite talent pathway whereby school may need to work in partnership with the club or organisation with regards to authorised absences (due to fixtures or regular training such as day release) and academic support, please contact Dr Rotheram with information of your child's level, club and requirements. Please also send a relevant picture of your child in their kit and/or competing for our display - David.Rotheram@rainhillhigh.org.uk

Dr Rotheram will be looking after these Elite Performers, if they fall into the Elite Performer remit. Please [click here](#) for more precise details.

If your child represents school boys/girls, represents at country or regional level in their chosen sport, then we would love to celebrate their achievements by placing them on our Gifted and Talented registers. We will celebrate these pupils alongside our Elite Performers by spreading good news of their achievements on newsletters, socials and on our PE display wall.

If you believe your child would be classed as gifted and talented then please send information of your child's level, club and sport to Mr Wood - Michael.Wood@rainhillhigh.org.uk

Please also send a relevant picture of your child in their kit and/or competing for our display.

Mr Wood, Head of PE.



CHARACTER CURRICULUM - EXTRA-CURRICULAR SPORT

Please see below our extra-curricular timetable for our first term. All pupils are invited to attend as many clubs as they can. There is no need to pay for any clubs, all we ask is pupils have PE kit for afterschool clubs and girls have shorts for the trampolining. These clubs are not school teams; they are recreational clubs for anybody and everybody.

As part of our Character Curriculum, we are urging pupils to engage in as many extra-curricular opportunities as possible. Regular participation in school sports clubs provides pupils with far more than just the opportunity to develop their sporting ability. By attending clubs consistently over time, pupils can build confidence, resilience, teamwork, communication, and leadership skills, while developing positive habits around physical activity and healthy lifestyles. Sustained involvement also helps pupils learn how to set goals, respond to challenges, manage success and disappointment, and commit to something over a longer period. Our extra-curricular programme is designed to give every pupil the opportunity to belong to a team, represent their school, develop their skills, and enjoy being active, with the aim of creating positive experiences that can encourage a lifelong interest in sport and physical activity.

Please note, some clubs may be cancelled if the facility is unavailable (e.g. sports hall being used for exams or if a fixture has been arranged after school).

Communication in these cases will be done via Arbor, so please sign up to our clubs via Arbor.

Term 1: September - December		
 @ RainhillPE	LUNCH 12:55 -13:25	AFTER SCHOOL 15:30 -16:15
MONDAY	Trampolining – Gym Year 7	Girls Netball – Courts – All Years Boys Football – Astro - Y8 (Wk A), Y9 (Wk B)
TUESDAY	Badminton – Sports Hall Year 9 and 10	Girls Football – Astro – All Years Boys and Girls Rugby – Field – All Years
WEDNESDAY	Badminton – Sports Hall Year 7 and 8	
THURSDAY		Boys Football – Astro – Year 7
FRIDAY	Trampolining – Gym Year 8-10	Boys Football – Astro – Year 10
<i>Please note, clubs are subject to fixture/facility clashes, appropriate and safe weather, and appropriate pupil participation. Please sign up to clubs on ARBOR – for help and support, contact your form teacher</i>		



PERIPATETIC MUSIC LESSONS

At Rainhill High School, we offer extra-curricular peripatetic music lessons. These are one-to-one sessions with professional musicians from St Helens, designed to be an engaging way to learn a variety of musical instruments through expert tuition.

We currently have the following spaces:

- 2 piano slots
- 4 guitar slots
- 2 drum kit slots
- 2 brass slots (trumpet, cornet, trombone etc.)
- Multiple singing slots

If you would like more information on these lessons, please contact Mr Kennett.

Mr Kennett, Teacher of Music.

SINGING LESSONS

**Calling
ALL SINGERS!**

**DO YOU KNOW WE
OFFER 1-1 SINGING
LESSONS?**

- ♥ Do you love to sing and have a passion to perform?
- ★ Opportunities to take part in end of term concerts and onstage performances.

**LEARN CORRECT
VOCAL TECHNIQUES**

**BUILD YOUR
CONFIDENCE**

**SING YOUR
FAVOURITE
SONGS**

Come and see **Miss Mawdsley**
on a Tuesday in D block to
book your first lesson and
find out more!



Saturday Volunteers Needed

VOLUNTEER AT THE WILLOWBROOK SHOP IN RAINHILL!

Join our friendly team for a 3 hour Saturday shift and gain valuable experience that looks great on future applications.

- ✓ Build your confidence
- ✓ Gain real-world work experience
- ✓ Boost your CV & future applications
- ✓ Perfect for DofE volunteering

Email

help@willowbrookhospice.org.uk
or call 0151 430 8736



"Volunteering at Willowbrook has given me confidence and valuable experience. I've learned new skills, met great people and really enjoyed being part of the team."

- Former RHS student Beth and current Willowbrook volunteer



Registered with
**FUNDRAISING
REGULATOR**

Registered charity no. 1030240

www.willowbrook.org.uk
Every Contact Counts



BIKE RESPONSIBILITY

TOP TIPS TO PROTECT YOUR BIKE

M Mark your bike

Attend a free bike marking event advertised by Merseyside Police. These are advertised on the local Merseyside Police social media channels. Your bike is 83% less likely to be stolen if it is both marked and registered.

A Awareness

When you are out on your bike be aware of your surroundings and don't let thieves try to steal it. When out on the street leave your bike in a well lit area where it can be seen by passers by. Lock both wheels and the frame to a cycle stand, or an immovable object. Make sure the lock goes through the frame, wheel and the post you are securing it to. Take any removable items with you.

R Register your bike

Register your bike for free by visiting The National Cycle Crime Database/BikeRegister. Merseyside Police are now actively checking bikes on the National Cycle Database. If your bike is stolen, this will significantly increase the chances of you getting your bike back. Scan the QR code (to the right) to register your bike on BikeRegister.

SCAN ME



K Keep out of view

When at home store your bike in a shed or garage. Don't leave the bike unattended outside the front of your house. Remember to secure it to an immovable object.

I Insure

If you have invested a significant amount of money into your bike, consider specialist bike insurance or check your home insurance covers you for theft away from home.

T Top bike lock

A decent bike lock is worth its weight in gold. A heavy-duty bike lock can make thieves jobs more difficult, often meaning they want to steal a bike that is less secure. Make sure you buy a Sold Secure Diamond or Gold Lock.





HELP AND SUPPORT

CURRICULUM QUERIES

Heads of Department

English	Ms Dickman	Business Studies	Mr Farrell
Mathematics	Mr Rimmer	Social Sciences	Mrs R Evans
Science	Mr Flynn	Computer Science	Mr Cowley
Biology	Miss Harper	Art Design Technology	Mr Bennett
Chemistry	Mrs Bancroft	Languages	Mr Farrell
Physics	Mr Hurst	Food Studies	Mrs King
History & Politics	Mr Swan	Performing Arts	Mrs McCann
Geography	Mr Iddon	PE	Mr Wood
Philosophy & Ethics		Life Skills	Miss Burgess
		(PSHE/Citizenship)	

PASTORAL QUERIES

Stage 1	Form Tutor	
Stage 2	Year Student Manager/Progress Coach	
Stage 3	Year Progress Leader/Director RH6	
Stage 4	Assistant Principal - Behaviour & Culture	Mr East
Stage 5	Vice Principals	Mrs Munro, Mrs Aylward
Stage 6	Principal	Mrs Thorogood

Pastoral Structure

Y7 Student Manager	Dr Rotheram	Y7 Progress Leader	Mrs Haselden
Y8 Student Manager	Mrs Beardwood	Y8 Progress Leader	Mr Giles
Y9 Student Manager	Miss Hill	Y9 Progress Leader	Mr Barry
Y10 Student Manager	Mr Lambert	Y10 Progress Leader	Mr Brown
Y11 Student Manager	Miss Humphreys	Y11 Progress Leader	Mr Webster
RH6 Progress Coaches	Mrs Thomas/Mrs Garton	Director RH6	Mr Cunningham
Young Carer Champion	Miss Wordsworth		

COMMUNICATIONS POLICY

Please [click here](#) to view our Communications policy.

BREAKFAST CLUB BOOKINGS

Breakfast Club is available free of charge every school day from **8:00am to 8:30am**. Students can sit quietly before school or purchase breakfast from the catering service using their normal lunch card.

Places must be booked in advance through the **Arbor Parent App**:

1. Open the Arbor Parent App.
2. Select **Menu**.
3. Select **Clubs**.
4. Choose **Breakfast Club**.
5. Select **Register for this club** and book the dates required.



ACCESSING FREE SCHOOL MEALS

If you have been in receipt of free school meals previously and believe this should still be the case, you will need to apply to St Helens Council. Please [click here](#).

FREE SCHOOL MEAL ELIGIBILITY



Dear Parent/Carer,

You may or may not be aware that from September 2026 the government are changing the criteria required to be eligible for free school meals. This means that across England there may be an additional 500,000 pupils that hit this new criteria. The even better news is that we can check your eligibility to see if your child(ren) are eligible under the scheme, and if they are, that will directly begin the application.

Please scan the QR code or click on the link to take you to a short MS Forms and we will be in touch to let you know if you are eligible and whether your application has been processed.

[Free school meal eligibility checker – Fill in form](#)

Free school meal eligibility means that your child/children will get £1.25 for breakfast, which can be used at breakfast or break time, and £2.50 for their lunch. As this money comes from central government, they apply a 'claw back' rule which means if funds are not used, they are removed and not rolled over. You can still, if you want, add funds to your child's/children's account through Parent Pay.

NB All decisions are made by central government and not by the school.

St Helens Catering Service - School
Lunch Special Dietary Request



SCHOOL MENU

Please [click here](#) to view our latest menu.

Please [click here](#) to view our allergens menu.



CURRENT VACANCIES

MEDICAL WELFARE OFFICER

NJC SCP 7-11 £22,758 - £24,581 actual pa

37 hours per week Term Time Only

We have an exciting opportunity for a committed, calm and highly organised Medical Welfare Officer to lead and coordinate the day-to-day medical welfare and first aid provision at our school.

The successful candidate will provide a consistent point of contact for students and staff with medical needs, ensuring that they receive safe, appropriate and compassionate support throughout the school day responding to medical incidents and emergencies, maintaining accurate medical records ensuring that health needs do not create unnecessary barriers to attendance, learning or participation in school life.

The role involves coordinating first aid provision, supporting students and staff with complex and ongoing medical conditions, manage Individual Healthcare Plans and medication systems, working closely with parents/carers, school staff and healthcare professionals.

The role will also involve monitoring patterns of first aid attendance and working collaboratively with our Pastoral, Attendance, SEND and Safeguarding teams to ensure students and staff receive the most appropriate support.

The ideal candidate will have experience of providing first aid and working with children or young people with complex or ongoing medical conditions, have excellent communication and organisational skills and the ability to remain calm to make sound decisions in challenging situations.

In return, we offer a supportive working environment, excellent professional development opportunities and the chance to make a real difference to the lives of young people.

Why Join Us?

- **Permanent, full-time role**
- **'Good' Ofsted-rated school (2023)** - Part of Stephenson MAT
- **Supportive inclusive environment** - Reduced workload, tech investment & career development
- **Excellent partnerships** - Hope University, Ambition Institute, Rainbow Teaching School Hub and more.

Key Dates:

- **Apply by: 9.00AM on Friday 2nd October 2026**
- **Interviews: Thursday 8th October**
- Email your completed application to jobs@rainhillhigh.org.uk
- Prospective candidates are warmly encouraged to visit the school by calling 01744 677205.

PARENT GOVERNOR ELECTION REMINDER

Have you cast your vote yet?

We would like to remind parents and carers to take part in the election for our new Parent Governor.

The Parent Governor plays an important role in representing the views of parents and carers and supporting the ongoing success of the school.

Candidate statements are included below. If you have not yet voted, please take a few moments to read the statements and submit your vote.

Voting closes at 9:00am on Monday 28th September 2026.



Thank you to everyone who has already participated. If you have not yet voted, please make sure your voice is heard before the deadline.

Vote here: [Parent Governor Vote](#)

Thank you for your continued support.



**RAINHILL
HIGH SCHOOL**

Parent Governor Nominations

Six parents. A shared commitment to Rainhill High School.
Please read the candidate statements below and cast your vote for the candidate you would like to represent parents on our Local Academy Committee.

Anthony Albrecht Daughter Y8

As a parent and as a teacher of children from within the Rainhill area in previous academic years, I am deeply invested in our school community's success and its future.

My professional background as a primary school teacher with extensive senior leadership experience provides me with a comprehensive understanding of school data, strategic development, and educational governance. Having previously worked at one of our feeder schools, I offer a valuable, firsthand perspective on the transition pupils make when joining the high school. I am committed to providing an objective, supportive, and well-informed voice to the governing body, ensuring that I collaborate effectively to champion the school's strategic vision.

Beyond my experience in governance, I am deeply passionate about a holistic approach to education. As a current PE Lead, I see firsthand how robust sporting provision fosters resilience, teamwork, and confidence. Furthermore, as a previous English Lead, I am a fierce advocate for reading; I believe that fostering a love of literacy is the cornerstone of academic achievement. I am eager to apply this blend of strategic leadership and curriculum passion to provide both constructive challenge and unwavering support for Rainhill High School.

Emma Biszby Son Y9 & Daughter Y8

I am standing for the Parent Governor role because I believe I can offer the governing body a unique, 360-degree perspective. With two children currently at the school—one of whom has Special Educational Needs (SEN)—and my professional background as a qualified teacher working in a specialised SEN high school, I understand our educational system from every angle.

Because I have already served as a Parent Governor at a nursery school, I will not face a steep learning curve. I understand how school boards operate, how to offer strategic challenge, and how to hold leadership to account while remaining supportive. Professionally, my daily life revolves around educational standards, safeguarding, and tracking progress. I know how to look at data regarding attendance and behaviour, but more importantly, I understand the practical realities behind those numbers for teachers, pupils, and parents.

If elected, my priority is to ensure that all parents have a clear, effective voice on the board, particularly those navigating the complexities of the SEN system. I know firsthand how vital communication and true inclusion are to building trust between home and school.

I am fully committed to the four-year term, the training, and the school visits required. I offer the board a rare combination of professional educational insight and direct parental experience, and I am ready to work hard to ensure our school continues to deliver the high-quality, inclusive education our young people deserve.

Pamela Langan Son Y8

My son has just finished a great first year at Rainhill High, and it's given me a real appreciation for the school and everything that goes on behind the scenes to make that happen. I'd love the chance to give something back as a governor.

I was a Foundation Governor at St John Fisher Primary School for five years, up to 2024, so I know what the role involves: the meetings, the scrutiny, the safeguarding side of things, and the balance between supporting a school and holding it to account. I found it genuinely rewarding, and I'm ready to take on that responsibility again somewhere that matters to my family.

Professionally, I run my own career and leadership coaching business and co-founded Catalyst Careers Ltd, so careers and employability are what I do every day. I've delivered career talks in schools and colleges, so I've seen first-hand what lands with young people and what doesn't. I think that's a genuinely useful angle to bring to a secondary school, where careers advice and preparing students for what comes next really matters.

I'm reliable, I take governance seriously, and I'm used to reading through detail and asking the right questions at meetings. But I'm also just a parent who's seen my son settle in well this year and wants to help Rainhill continue doing that for other families too.

Jackie Lunt Son Y8

My son has settled in well and I have been impressed by the clarity of expectations of pupils and the recognition for pupils who put in excellent effort.

I have worked in NHS CAMHS since 2007 and have an MA in social work (2000). I am fully qualified psychotherapist with a CTA in Transactional Analysis, and a family and systemic psychotherapist. My role in CAMHS has changed over the years and in 2021 I took up the role of the first clinical lead for Sefton schools MHST setting up the new service. In 2005 I was lucky enough to get a research scholarship to undertake a PhD at the University of Liverpool. This research is about what can be done to slow down the intergenerational transmission of adverse childhood experiences (ACEs). As part of this research, I set up a school staff psychotherapy service, staffed by trainee psychotherapists, offering all school staff in one Liverpool school free one-to-one weekly psychotherapy sessions for up to a year. The outcomes have offered much insight into supporting school staff with their psychological wellbeing.

I offer a child mental health perspective, school staff wellbeing perspective and a trauma-informed view of schools as both a system and part of wider systems. I would be happy to bring my decades of CAMHS practice and PhD research to the position of parent governor at Rainhill High School.

Chana Michaels Son Y7

I would like to express my interest in becoming a Parent Governor at Rainhill High School. As both a parent and a senior leader within the NHS, I am passionate about supporting children and young people to achieve their full potential and would welcome the opportunity to contribute to the continued success of the school.

In my professional role as a leader within the NHS, I lead complex programmes of work, manage relationships with a wide range of stakeholders, and support strategic decision-making across healthcare organisations. My experience of contributing at board level has strengthened my ability to analyse information, provide constructive challenge, work collaboratively and contribute to effective governance and organisational improvement.

I understand that the role of a School Parent Governor involves acting in the best interests of all pupils, helping to shape the school's strategic direction, and providing support and appropriate challenge to school leaders. I believe my experience, combined with my ability to listen, communicate effectively, and build positive relationships, would enable me to make a meaningful contribution to the role.

As a parent, I have a genuine interest in ensuring that every child has access to a safe, inclusive, and high-quality learning environment. I am committed to promoting equality, supporting educational excellence, and helping the school continue to thrive within the local community.

I would be honoured to bring my professional skills, strategic perspective, and commitment to supporting children and families to the role of Parent Governor.

Martin Stanway Daughter Y11 & Daughter Y9

I am nominating myself as I have personal interest in the running of the school as my daughters attend, and I want to assist in ensuring the school offers a safe, inclusive, and high-quality educational environment. I believe effective governance is essential in helping schools deliver the best possible outcomes for every pupil.

Professionally, I work as a Senior Regional Engineering Manager, leading teams across multiple locations and overseeing strategic planning, performance improvement, risk management, budgeting, compliance, and operational delivery. These responsibilities require strong leadership, sound judgement, effective communication, and the ability to work collaboratively with a wide range of stakeholders. I believe these skills are directly transferable to the role of School Governor.

I also bring previous school governance experience through my role as a Governor at Eccleston Lane Ends Primary School. During my time there, I provided health, safety, and facilities advice and guidance to both the Senior Leadership Team and fellow governors. This enabled me to contribute practical expertise in areas such as risk management, regulatory compliance, estate management, and the creation of safe learning environments.

Through this experience, I developed a strong understanding of the responsibilities of school governance and the importance of offering both support and constructive challenge. I would welcome the opportunity to contribute my professional expertise, governance experience, and enthusiasm to support the school's vision, working collaboratively to help the school continue to succeed.



How to vote

Please review the candidate statements and cast your vote using the electronic ballot circulated via email to all parents/carers.

Voting closes at 9am on Monday 28th September 2026.
Thank you for taking part in this important process.

Each parent/carer is entitled to one vote.



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