



PARENT & STUDENT NEWSLETTER

Friday 26th March 2021

Dear Parents and Students,

Good afternoon – I hope this newsletter finds you safe and well.

It has been another busy week and the vast majority of children are now settled back into school. As parents, please ensure that you reiterate the schools' expectations regarding mobile phones, jewellery, makeup and footwear to your children to avoid unnecessary conversations regarding these matters. It is important that the day to day routines and expectations of the school are maintained despite the interruptions over the last year.

This week we have had one positive test result and a number of children are now having to be tested on a daily basis in our testing facility. I cannot stress enough the need for us all to follow the rules of lockdown, particularly over the Easter break, given the concerns about a possible new wave of infections.

Next week is a slightly shorter week as children are not in school on Friday. We have a Year 8 Parents Evening on Tuesday and an Inter-House Sports Week which runs all week. Looking forward, I am delighted that the National Citizen Service will be offered this summer; a great opportunity for students to meet new people, gain an award from the organisation and take part in various activities outdoors and in their community. This is an award that is looked favourably upon by employers, colleges and universities alike and a great way to combat the limitations of lockdown.

Have a good weekend.

Mrs Thorogood, Headteacher.



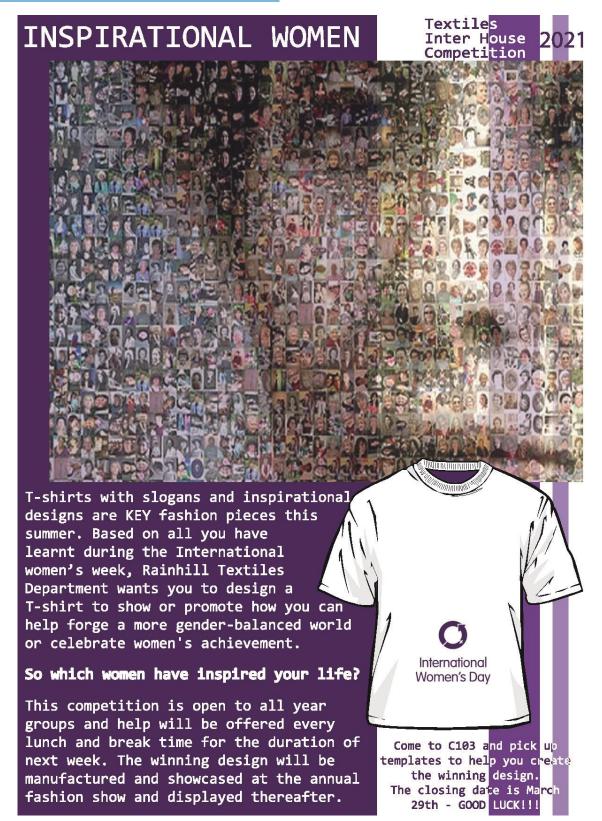
CONTENTS NEWS THIS WEEK Inter-House Textiles Competition World Book Day 2021	Page	3-5
National Citizen Service Polite Notice: School Drop Off/Pick Up Parking <u>UPCOMING EVENTS</u> Year 8 Parents Evening Young Professionals Seminar Inter-House Sports Week	Page	6-8
The Masked Reader Event Rainhill Sixth Italian Lessons Rainhill Charity Golf Day CORONAVIRUS INFORMATION AND GUIDANCE Coronavirus Testing for Students Contact Testing Community Collect Testing Service	Page	9-15
Test and Trace Support IMPORTANT INFORMATION Catering w/c 29/03/2021	Page	16
Catering Practical Exam Dates HELP AND SUPPORT Updating Parent Details RHS Instagram Accounts Who to Contact	Page	17-18

NEXT WEEK FOLLOWS THE WEEK B TIMETABLE					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29/03/21	Inter-House Sports Week (all week)	Year 8 Parents Evening			Good Friday (school closed)
	l	I			



NEWS THIS WEEK

INTER-HOUSE TEXTILES COMPETITION





WORLD BOOK DAY 2021

Modern Foreign Languages students have fully embraced and celebrated World Book Day 2021 with a variety of activities to create a buzz about reading.

Key Stage 3/4 were challenged to match up book titles in the target language to the front cover of the book in English.

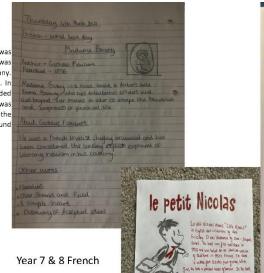
Key Stage 5 were asked to either choose a book that had been made into a film or choose a female author (linked to International Women's Day) and then present their findings to the rest of the class.

Here are some examples of the fantastic work produced by MFL students ...

ALBERT CAMUS

Albert Camus was born on 7th November 1913. He was a French author, philosopher and journalist. He was born in Algeria which at the time was a French colony. His childhood was spent in a poor neighbourhood. In WWII he was in Paris when the Germans invaded France. Later, he joined the French Resistance and was the editor-in-chief for an outlawed newspaper. After the war, he was a celebrity figure that gave lectures around the world. He died on 4th January 1960.





















Y12 Spanish Book/Author review

Y12 French book/author review

Bien joué to all involved!

Miss Dickman, Head of English.





NATIONAL CITIZEN SERVICE (OPPORTUNITY FOR YEAR 11 PUPILS)

This week, Year 11 pupils have taken part in a virtual assembly about the <u>National Citizen Service</u> (NCS).

This is a fantastic opportunity for the pupils to get involved in this renowned programme which helps them reach their potential and develop new skills which can help them achieve their future goals, whatever they may be!

Rainhill has NCS champion status as our uptake has been very high over a number of years. In 2016/7 the uptake from Rainhill High was second in the whole of England! The feedback from our previous pupils has always been highly positive.

Please see the <u>attached letter</u> and encourage your child to participate in this fantastic initiative this summer.

Mr Roberts, Assistant Headteacher.

POLITE NOTICE: SCHOOL DROP OFF/PICK UP PARKING

Dear Parent/Guardian,

If you are bringing your child to and from school, please can we ask that you are mindful of our local residents and do not park over their driveways or on the yellow road markings outside of school.

Thank you.

Mrs Munro, Deputy Headteacher.



UPCOMING EVENTS

YEAR 8 PARENTS EVENING TUESDAY 30TH MARCH

We will be holding our Parents Evening for Year 8 pupils as planned, virtually, via SchoolCloud.

Parents will have received an Edulink from school with a link to follow in order to make appointments with teachers. Details of how to access SchoolCloud was attached to this Edulink.

Mrs Segal, Deputy Headteacher.

YOUNG PROFESSIONALS SEMINAR

Young Professionals are proud to be hosting a wellness session exclusively for school and college students in partnership with EY.

EY Apprenticeships and Your Wellbeing, is taking place on Monday 29th March 2021, from 5:00pm - 6:30pm.

We are excited to announce that we will be joined by A&E TV Doctor, Dr. Alex George, who will be talking to us about the importance of looking after our mental health.

Dr. Alex has recently been appointed by Prime Minister, Boris Johnson, as Youth Mental Health Ambassador. This is a topic he's truly passionate about. We will be running this session as a Q&A and taking questions from the audience.

We will also cover a quick introduction to EY and then hear from some of our current apprentices about how they manage their wellbeing at work, with tips on how they stay resilient. Apply here.



INTER-HOUSE SPORTS WEEK

Next week is Inter-House Sports Week.

Each lunchtime, pupils from each House will compete in Netball and Table Tennis competitions.

No need to sign up, just pop to PE on your Year Groups day.

- Monday Year 7
- Tuesday Year 8
- Wednesday Year 9
- Thursday Year 10

We hope to see lots of pupils taking part!

Mr Rachi, Head of Physical Education.





STAFF & PUPIL HOUSE EVENT- THE MASKED READER

Reading is vitally important for people of all ages. Various members of staff from across the school have disguised themselves and read a short snippet of their favourite book, poem or article. All you have to do is guess who is behind the mask!

The first 6 mystery readers can be found by <u>clicking</u> <u>here</u> To enter your guesses, go to your whole year group TEAMS page and submit your answers through the entry form.

All correct entries go into the draw to win House points and prizes. **Deadline is Thursday 1**st **April.** Good Luck!



RAINHILL SIXTH BEGINNERS ITALIAN SESSIONS



Rainhill Sixth beginners Italian sessions

Study Room Wednesday 21st April 1:15pm





RAINHILL CHARITY GOLF DAY





CORONAVIRUS INFORMATION AND GUIDANCE

COVID-19 TESTING FOR STUDENTS

Testing students at home

Students will be provided home testing kits on a weekly or fortnightly basis (depending on the size of the test kit being issued); these test kits should **only** be used for them and not for other household members.

Taking the test

Students should take the test, before coming into school or sixth form, twice a week with 3 to 5 days between tests. We will give students a leaflet with instructions on how to do the test with the kit. There is also a useful video to show you how to take the test here.

<u>Help and support is available</u>, including instructions in different languages on how to test and report the results and a video showing you how to take the test.

There is no need to keep used test equipment after the test result has been reported. You can put it in your normal bin (household waste).

This does not replace symptomatic testing. If you have symptoms, you should self-isolate immediately, book a <u>PCR test</u> and follow <u>national guidelines</u>.

What should you do after the test?

Positive Results

- If anyone tests **positive**, **you**, **your household**, **any support bubbles you are part of** should self-isolate immediately in line with NHS Test and Trace guidance for 10 days.
- You need to report your result to both Rainhill High School/Rainhill Sixth here and NHS Test and Trace which will be accessed via the test-register login.
- You should <u>order a confirmatory PCR test</u> if you are testing at home (confirmatory PCR tests are not needed if the test was conducted at the Asymptomatic Test Site at School/college).

Void Results

• If the result of the test is unclear (void), they should take another one. If the next test is also void, your child should take a PCR test. You can <u>book a test here</u>.

Negative Results

- Negative and void results should be reported to both Rainhill High School/Rainhill Sixth here and NHS Test and Trace which will be accessed on completion of result via testregister.co.uk/login.
- A negative result does not guarantee that you are not carrying the virus. So, you should
 continue to follow social distancing, and other measures to reduce transmission such as
 wearing a face mask and regularly washing your hands and observing social distancing.
- If you or anyone in your household gets symptoms of the virus you should follow national guidelines on self-isolation and testing.





Why take part?

Taking part in testing is voluntary and all students will be able to attend school/Sixth Form whether they take part in testing or not.

We would strongly encourage all students to take part. Testing at home will allow your child and other students to attend school/Sixth Form as safely as possible.

Please contact myself, as our COVID Coordinator, if you have any questions or concerns about home testing — COVID@rainhillhighschool.org.uk

Thank you for your support.

Mr Owens, Chief Operating Officer.

COVID-19 TESTING FOR STUDENTS - FREQUENTLY ASKED QUESTIONS

1. Do I need to give consent?

Students and parents do not give written consent to take part in the home testing programme. Please read the information below on how personal information and test results are shared and the privacy notice, which is available on the school's website under 'COVID Information'.

2. Can my child take the test themselves?

- Students aged 18 and over should do the test themselves and report the result, with help if they need it.
- Students aged 12-17 should do the test themselves with adult supervision. The adult may help the pupil/student to take the test if they need support.
- Students aged 11 must be tested by an adult and the adult must report the result.

3. Reporting problems or issues with testing

If there is an issue with the test kit, for example something is missing, please report it by calling **119** and please also inform the school.

If an accident or injury happens whilst using the test kit, please seek medical care by calling 111 (or 999 if it is an emergency). Please also report what happened using this website.

4. What type of tests will be used?

We will be sending home Lateral Flow Device (LFD) tests. They are a fast and simple way to test people who do not have symptoms of COVID-19, but who may still be spreading the virus. The tests are easy to use and give results in 30 minutes. Further information.

5. Are LFD tests accurate?

Lateral Flow Devices identify people who are likely to be infectious. These individuals tend to spread the virus to many people and so identifying them through this test is important.

These tests have been widely and successfully used to detect COVID-19 in asymptomatic individuals and are approved by the Medicines and Healthcare products Regulatory Agency (MHRA). The speed and convenience of the tests supports the detection of the virus in asymptomatic individuals, who would not otherwise have got tested.



The tests are highly specific, with a low chance of false positives. They are also very sensitive and are able to identify the majority of the most infectious yet asymptomatic individuals. Extensive evaluation has been carried out on the tests and it shows that they are both accurate and sensitive enough to be used in the community for screening and surveillance purposes.

It is important to remember that these tests are only an aid to help stop the spread of the virus and you should continue to follow other guidance such as wearing face coverings and social distancing.

6. How are LFD tests different to PCR tests?

There are 2 main types of test to check if you have coronavirus:

- Polymerase Chain Reaction (PCR) tests check for the genetic material (RNA) of the virus in the sample - you send the sample for processing at a lab.
- Lateral Flow Device (LFD) tests detect proteins called 'antigens' produced by the virus. LFD tests give rapid results, in 30 minutes after taking the test.

7. Do I need to send the test to a lab?

No. The LFDs supplied do not need to be sent to a laboratory to get a result and can give a quick result in around 30 minutes. Guidance on self-testing is contained in the 'Instructions for Use' leaflet, which comes with the test kit. There is also a useful video to show you how to take the test here.

8. Can I or someone else in my household use a test kit sent home from school?

No, however whole families and households with primary school, secondary school, and college age children, including childcare and support bubbles, will be able to test themselves twice every week from home.

This testing can be accessed through the following channels:

- Get a rapid test at work, through workplace testing. Ask your employer for more information
- Attend a test site to get tested where you will be able to see how to take the test or
 pick up tests to do at home (you can find your nearest test site via the postcode
 checker www.gov.uk/find-covid-19-lateral-flow-test-site or check your local council
 website)
- Collect tests to do at home, find your nearest collection site COVID Test Finder (testand-trace.nhs.uk)

If these options are not possible, there will be a supply of rapid tests for order online for people who need them the most. More information can be found <a href="https://example.com/here.com

There is more information available about testing for households and bubbles of students.

9. How will personal information and test results be shared?

When your child takes a Lateral Flow test, you need to report the result. This is so that their test result can be traced, which means that you need to share some information about your child.

You need to tell the Department for Health and Social Care (DHSC):

your child's name





- your child's test result
- the reference number on the test kit

You will also need to tell your child's school or college their test result.

Under UK law, your child's school or college can collect and store test result data because it is in the 'public interest'. This means that your child's data helps us to stop the spread of the virus, and to keep your children in school. For example, we will tell your child to self-isolate if they get a positive test result.

Schools and colleges will only share information with the Department of Health and Social Care (DHSC) if the test kits used are found to be faulty. If this happens, DHSC will use our information to contact people who used the faulty tests, so that they can be tested again. This will ensure that testing is accurate and helps keep us all safe.

When you report test results online, you are sharing information with DHSC. They may share the information with your GP, local government, NHS, and Public Health England. This is so that they can offer your family health services and guidance if your child needs to self-isolate. They might also use your child's data anonymously (without their name or contact information) to research COVID-19, and improve our understanding of the virus.

For more information on how personal data is used for testing please see the detailed privacy notice on our website under the tab 'COVID Information'.

CONTACT TESTING

Rainhill High School and Sixth Form will be taking part in a new study called "Daily Contact Testing" which is being run by the Department for Health and Social Care through NHS Test and Trace.

Normally, when we find a person in a school or college has COVID-19, the whole group of people that have been in close contact with that person have to go home and self-isolate for 10 days to stop the virus spreading. This can mean lots of people miss time in school or college, but it is important to do this to protect the other people in school and at home.

This study will test if students and staff can continue to come to school safely after they have been in close contact with a person who is positive for COVID-19, by testing them daily for 7 days with rapid tests. Each day the test is negative, **they will be able to take part in school activities only**, they will need to continue self-isolating when not at school.

More details are shown in the poster below and further information will be provided in the event that you are identified as a 'contact'.

Mr Owens, Chief Operating Officer.







You can now participate in daily contact testing at this school.

If you've been in close contact with someone positive and do not have symptoms, you may be able to take part in the study

How do I participate?



If you are a close contact of a positive case, you may choose to take daily Rapid COVID-19 tests for seven consecutive school days, instead of immediately self-isolating for 10 days.

This allows you to participate in school activities if you do not test positive. If you do not have a positive test, it means the test has not detected any virus.

Remember **Hands**, **Face**, **Space**. You must continue to wash your hands, cover your face, avoid mixing with people outside your bubble or household, and maintain social distance to protect others.



You are still required to self-isolate outside of school activities.

Please note you cannot participate if you are a household contact of a positive school case or contact of a positive case outside of school.

If the test is positive, you will need to self-isolate immediately for 10 days, following the latest government guidance.





COMMUNITY COLLECT TESTING SERVICE LAUNCHES IN ST HELENS BOROUGH

A message from the Local Authority

From today, households of school children, members of support bubbles, childcare and those in related occupations can collect Covid-19 home testing kits from selected sites across St Helens Borough, subject to availability.

The Community Collect testing service is planned to be rolling out to all St Helens Borough residents in the near future.

About 1 in 3 people with coronavirus do not have symptoms but can still pass it on to others. Twice weekly symptom-free (rapid lateral flow) testing of people without coronavirus symptoms is important to help stop the virus from spreading and protect your loved ones.

Home testing kits can be collected from the following walk-in sites;

- St Marys Indoor Market, St Helens Town Centre, WA10 1AR Monday to Friday, 8:30am–6pm and Saturday and Sunday, 10am–3pm.
- Fairclough Street Car Park, Earlestown, Newton-le-Willows WA12 9QR open Monday to Friday, 1:30pm to 7pm.
- Haydock Park Racecourse, Newton-le-Willows WA12 0HQ open Monday to Friday, 1:30pm to 7pm.

There is no need to make an appointment to collect a home test kit. Do not visit a collection site outside of opening hours, as they could be used to test people with coronavirus symptoms outside of these times. If you are 18 or over you can collect 2 packs of home test kits, each pack contains 7 tests.

Secondary Schools and Colleges will continue to provide tests for students to complete twice weekly at home until further notice.

Councillor Anthony Burns, St Helens Borough Council's cabinet member for Wellbeing, Culture, and Heritage, said: "Effective community testing is absolutely vital to our efforts to contain the virus and stop the spread in our community, so I do urge people to come forward to get tested – we recommend twice a week. It's brilliant that families and members of support bubbles or childcare bubbles of pupils or staff at schools and colleges can now pick up at-home test kits as well as attending symptom-free testing sites."

Sue Forster, Director of Public Health for St Helens Borough Council, said: "Testing is quick and easy and step-by-step instructions are included in the test kits. As lockdown restrictions gradually ease, testing will be key for us to all need to play our part to help protect each other. All local residents can get tested by attending a <u>symptom-free testing site for a supervised Covid-19 test."</u>

If you have any coronavirus symptoms – a new, continuous cough, a high temperature, or a loss of sense of smell or taste – it's vital that you do not attend a test site and instead book a test online at www.gov.uk/coronavirus or by calling 119."

For more information about testing locally, visit: https://www.sthelens.gov.uk/coronavirus/covid-19-testing/



CHANGES TO THE TEST AND TRACE SUPPORT PAYMENT FOR PARENTS

Parents and carers of children who have been advised to self-isolate by their education setting or by NHS Test and Trace are now able to apply for a <u>Test and Trace Support Payment</u> or discretionary payment of £500, if they meet the eligibility criteria. The extension of the Test and Trace Support Payment scheme, which is administered by district and unitary local authorities in England, ensures that parents receive the financial support they need if they are unable to attend work due to childcare responsibilities.

Parents and carers should apply to their local authority to receive a payment. Applications for the Test and Trace Support Payment scheme are made via the local authority in which the parent or carer resides, not the local authority where the setting is situated, if these are different.

To be eligible applicants must meet all of the criteria that:

- They are the parent or guardian of a child or young person in the same household and need to take time off work to care for them while they self-isolate. This is limited to one parent or guardian per household for the child or young person's self-isolation period.
- They are employed or self-employed.
- They cannot work from home while undertaking caring responsibilities and will lose income as a result.
- They meet all the other means-tested eligibility criteria for a Test and Trace Support Payment or locally determined criteria for a discretionary payment.

That their child or young person:

- Is aged 15 or under (or 25 or under with an Education, Health and Care Plan (EHC)) and normally attends an education or childcare setting.
- Has been told to self-isolate by NHS Test and Trace or by their education or childcare setting because they have been identified as a close contact of someone who has tested positive for coronavirus (COVID-19).



IMPORTANT INFORMATION

CATERING W/C 29/03/21

Please see below the list of practical lessons planned in Catering/Food Preparation and Nutrition - week beginning Monday 29th March:



10M/Cg1	Thursday period 2 - students are making toad in the hole to show the setting properties of eggs.
10J/Cg1	No ingredients required.
11K/Cg1	Students who are taking their GCSE practical exam on Monday 29 th March and Wednesday 31 st March require the ingredients for their 2 dishes and accompaniments plus a table cloth, simple table decoration, menu card and serving dishes in the theme of picnic foods.
11M/Cg1	Students who are taking their GCSE practical exam on Tuesday 30 th March and Wednesday 31 st March require the ingredients for their 2 dishes and accompaniments plus a table cloth, simple table decoration, menu card and serving dishes in the theme of picnic foods.

CATERING PRACTICAL EXAM DATES

Group 5	Group 6	Group 7
Monday 29 th March	Tuesday 30 th March	Wednesday 31st March
11K/Cg1	11M/Cg1	11K/Cg1 & 11M/Cg1
C105 Opens	C105 Opens	C105 Opens
8:30am	8:30am	8:30am
Exam Time	Exam Time	Exam Time
8:45am - 11:45am	8:45am - 11:45am	8:45am - 11:45am

MARGINAL GAINS

How the Professionals make small changes to improve their performance





HELP AND SUPPORT



UPDATING PARENT DETAILS

A feature is available on the Edulink One App. All parents will have the ability to update their own personal details. The submission will be verified, checked and updated on SIMS.



DT/CONSTRUCTION INSTAGRAM ACCOUNT (Y9/Y10/Y11)

The DT/Construction department have set up a dedicated Instagram Account which allows staff, parents and students to find out what has been going on in the department.

You can find the account with the username: @Dt_Construction_rhs



FOOD TECH INSTAGRAM ACCOUNT (Y9/Y10/Y11)

The Food Tech department have set up a dedicated Instagram Account which portrays pupils' food products in the department and allows staff, parents and students to find out what has been going on.

You can find the account with the username: @RHS-FoodTech.



RHS PRIVATE MUSIC LESSONS INSTAGRAM ACCOUNT

The Performing Arts department have set up a dedicated Instagram Account for our private Music lessons.

You can find the account with the username: @Rainhillhighmusic



MODERN FOREIGN LANGUAGES INSTAGRAM ACCOUNT (Y9/Y10/Y11)

The Modern Foreign Languages department have set up a dedicated Instagram Account which allows staff, parents and students to find out what has been going on in the department.

You can find the account with the username: @Rainhilllanguages.



PARENT & STUDENT NEWSLETTER

CURRICULUM QUERIES

Heads of Department

English Y7, Y8 & Y9 Philosophy & Ethics Miss Lunt Miss Goss English Y10 Mrs Jones Sociology Mr Jarvis English Y11 **Computer Science** Ms Dickman Miss Johnson Mathematics Y7, Y8 & Y9 Miss Carson **Business Studies** Mr Jarvis Mathematics Y10 & Y11 Art/DT Mr Rimmer Mr Bennett Science Miss Robinson Miss D'Anna Languages **Biology** Dr Gordon Food Mrs Bolland Chemistry Dr Beswick **Performing Arts** Mrs Renison **Physics** Mr Hurst PΕ Mr Rachi Mr Procter Life Skills History Miss Bryant Geography Mrs Parkinson (PSHE/Citizenship)

Pastoral Queries

Stage 1	Form Tutor	
Stage 2	Year Student Manager	
Stage 3	Year Progress Leader	
Stage 4	Deputy Headteacher	Mrs. Munro
Stage 5	Headteacher	Mrs. Thorogood

Pastoral Structure

Y7 Student Manager	Mrs Foster	Y7 Progress Leader	Mr Shoebridge
Y8 Student Manager	Miss Seddon	Y8 Progress Leader	Mr Giles (until Easter)
Y9 Student Manager	Mrs Martin	Y9 Progress Leader	Mrs Haselden
Y10 Student Manager	Miss Gordon	Y10 Progress Leader	Miss Williams
Y11 Student Manager	Mrs Quirk	Y11 Progress Leader	Mr Giles

Formal Complaints

If you wish to formally complain, please use the link below to find our complaints procedure.

https://www.rainhillhighschool.org.uk/uploads/PDFs/2020/Complaints-Procedure-2019.pdf